

# THE LATIN AMERICA TRAVEL COMPANY

*"We regard each and every trip we organise as a trip of a lifetime."*

**CR-SC-12 | REMOTE COSTA RICA**



 **ITINERARY PAGE 8**

 **PRICING & INCLUSIONS PAGE 27**



**Safe  
travels**

by

  
WORLD  
TRAVEL &  
TOURISM  
COUNCIL



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## ABOUT OUR COMPANY

As the UK's leading, independent and family owned Latin America tour specialists our focus is on well thought through private and tailor made adventures. Our emphasis is very much on creating the right trip for you and we work closely with you in order to achieve this. We use our experience and knowledge to ensure your trip to Latin America is a trip of a lifetime!

## ALL TOURS ARE FINANCIALLY PROTECTED

We are members of ABTA (Y1699) and our tours are ATOL protected (license 10287) giving you full peace of mind when booking with us both for monies paid to us as well as the code of conduct and high standards that membership of these organisations require.



# CENTRAL VALLEY • SAN GERARDO DE DOTA • OSA PENINSULA • UVITA



30 KM  
19 Miles



THE  
**LATIN AMERICA**  
TRAVEL COMPANY



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# PRIVATE TOUR : TAILOR MADE - REMOTE COSTA RICA

Dear Sir / Madam,

Please find full details of this itinerary in this dossier. If you have any questions at all please do not hesitate to contact me.

Best regards,

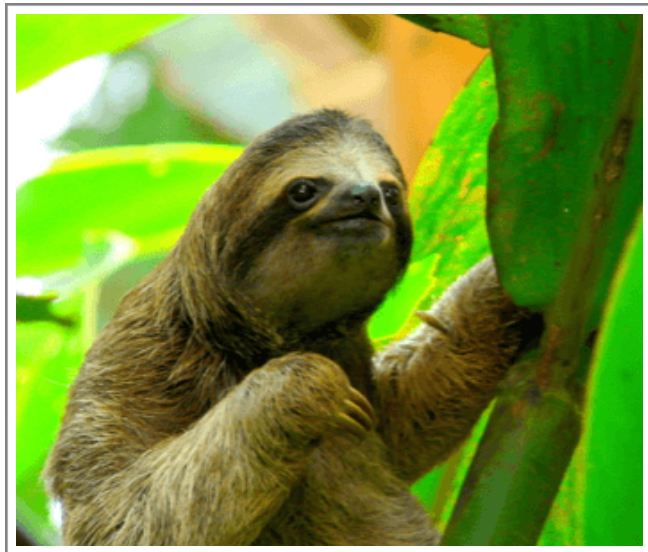
The Latin America Travel Company.

## THE LATIN AMERICA TRAVEL COMPANY

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- ABTA member Y1699
- ATOL License 10287



## 14 NIGHTS / 15 DAYS PRIVATE TOUR VISITING :

### **CENTRAL VALLEY**

The fertile Central Valley near San Jose is famous for its coffee growing.

### **SAN GERARDO DE DOTA**

Beautiful village along the foothills of the Talamanca Mountain Range.

### **OSA PENINSULA**

Rugged and unspoiled this is Costa Rica's wildest region & best for wildlife.

### **UVITA**

Beautiful and unspoiled Costa Ballena coastline on the Pacific Ocean.



Jan Patis & Friends

*"The Latin American Travel Company is amazing and I cannot praise it highly enough! Their customer service is second to none - any queries were dealt with immediately and efficiently by and we were each provided with a personalised guidebook to take with us."*



## DAY

**1** • **CENTRAL VALLEY** Meet & greet at the airport & private transfer to your hotel.

Hotel Bougainvillea ★ ★ ★ [Learn more...](#)

**2** • **SAN GERARDO DE DOTA** Journey to a remote mountain village in the cloud forest.

Trogon Lodge ★ ★ ★ [Learn more...](#)

**3** • **SAN GERARDO DE DOTA** In search of the Resplendent Quetzal.

Trogon Lodge ★ ★ ★ [Learn more...](#)

**4** • **OSA PENINSULA** Journey by road then boat to a remote rainforest lodge.

Playa Nicuesa Eco Lodge ★ ★ ★ ★ [Learn more...](#)

**5** • **OSA PENINSULA** Days of activities in the rainforest.

Playa Nicuesa Eco Lodge ★ ★ ★ ★ [Learn more...](#)

**6** • **OSA PENINSULA** Continue to explore this remote lodge and surrounding area.

Playa Nicuesa Eco Lodge ★ ★ ★ ★ [Learn more...](#)

**7** • **OSA PENINSULA** Journey by road & boat to Casa Corcovado.

Casa Corcovado ★ ★ ★ [Learn more...](#)





## DAY

<b>8</b>	<ul style="list-style-type: none"> <li>• <b>OSA PENINSULA</b></li> </ul>	<p>A full day exploring one of Costa Rica's best national parks.</p> <p>Casa Corcovado ★ ★ ★ <a href="#">Learn more...</a></p>
<b>9</b>	<ul style="list-style-type: none"> <li>• <b>OSA PENINSULA</b></li> </ul>	<p>A half day trip to go snorkelling at Caño Island.</p> <p>Casa Corcovado ★ ★ ★ <a href="#">Learn more...</a></p>
<b>10</b>	<ul style="list-style-type: none"> <li>• <b>OSA PENINSULA</b></li> </ul>	<p>Travel by boat to the La Sirena Ranger Station.</p> <p>La Sirena Ranger Station ★ <a href="#">Learn more...</a></p>
<b>11</b>	<ul style="list-style-type: none"> <li>• <b>OSA PENINSULA</b></li> </ul>	<p>Depart the ranger station and return to Casa Corcovado.</p> <p>Casa Corcovado ★ ★ ★ <a href="#">Learn more...</a></p>
<b>12</b>	<ul style="list-style-type: none"> <li>• <b>UVITA</b></li> </ul>	<p>Boat trip &amp; private transfer to your hotel on the coast.</p> <p>Cristal Ballena ★ ★ ★ ★ <a href="#">Learn more...</a></p>
<b>13</b>	<ul style="list-style-type: none"> <li>• <b>UVITA</b></li> </ul>	<p>A half day tour of the Marino Ballena National Park.</p> <p>Cristal Ballena ★ ★ ★ ★ <a href="#">Learn more...</a></p>
<b>14</b>	<ul style="list-style-type: none"> <li>• <b>UVITA</b></li> </ul>	<p>Free day on the coast to go to the beach or explore further.</p> <p>Cristal Ballena ★ ★ ★ ★ <a href="#">Learn more...</a></p>



## DAY

### 15 • END OF TOUR

Private transfer to the airport for departure.

N/A



# DETAILED ITINERARY

The following pages detail your itinerary day by day. All our trips are tried and tested and, between us, we have visited most destinations and accommodation. We like to offer our clients the greatest flexibility possible with their trip so if there is anything you would like to change please do not hesitate to contact us.



**JUST ASK US IF YOU  
WOULD LIKE TO MAKE  
ANY CHANGES TO THIS  
ITINERARY**



**Safe  
travels**

by





# YOUR DETAILED DAY BY DAY ITINERARY

**DAY 1**

**DATE TBC**

## **CENTRAL VALLEY**

### **MEET & GREET AT THE AIRPORT & TRANSFER TO YOUR HOTEL**

On arrival to San Jose you will be met by your friendly English speaking driver guide who will help you with your luggage and welcome you to Costa Rica. Then they will transfer you straight to your hotel in the Central Valley.

The rest of the afternoon and evening is at leisure to explore the beautiful gardens at your hotel or take a dip in the pool.

 **Meals Included:** None Today.



### **YOUR EXCLUSIVE TRIP GUIDEBOOK**

Tap into our knowledge of Latin America with a copy of our exclusive guidebook personalised to your trip. These books are packed full of tips about the country, climate, what to take, currency, language guides and destination guides. The perfect way to prepare for and get the most out of your Latin America experience with us!

**OVERNIGHT**

## **HOTEL BOUGAINVILLEA**



A good standard hotel located near to the airport but in a quiet area with absolutely beautiful gardens full of exotic plants and colourful birds.

[CLICK HERE TO LEARN MORE](#)



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# YOUR DETAILED DAY BY DAY ITINERARY

## DAY 2

DATE TBC

### SAN GERARDO DE DOTA

#### JOURNEY TO A REMOTE MOUNTAIN VILLAGE IN THE CLOUD FOREST

After breakfast you will be met at your hotel and taken by private transfer to San Gerardo de Dota. The drive takes about 2 hours.

After checking in on arrival the rest of the afternoon and evening is at leisure to explore this beautiful setting.

**Trogon Lodge** is located in San Gerardo de Dota, a tiny village in the cloud forest surrounded by mountains. At 2130 metres, the higher altitude produces a cooler climate. This crisp mountain air is a refreshing break from the more humid lowlands. The main activity at Trogon Lodge is bird watching. The Resplendent Quetzal is the main draw and they can be seen here year round. Other than the Quetzal there are an additional 170 species that can be spotted in this area.

The Resplendent Quetzal is the main draw and they can be seen here year round. Other than the Quetzal there are an additional 170 species that can be spotted in this area.

There are a variety of hiking and bird watching tours you can do. You can also enjoy a meal at the lodge's fantastic restaurant with trout from their own pond and fruit and vegetables from their own farm.

 **Meals Included:** Breakfast.

## OVERNIGHT

### TROGON LODGE



An intimate eco lodge located in a spectacular, beautiful and pristine cloud forest setting. Perfect for bird watching and being surrounded by nature.

[CLICK HERE TO LEARN MORE](#)



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# YOUR DETAILED DAY BY DAY ITINERARY

**DAY 3**

**DATE TBC**

## SAN GERARDO DE DOTA

### WALKING TOUR IN SEARCH OF THE RESPLENDENT QUETZAL

The Resplendent Quetzal is one of the most beautiful birds in the Americas and a large population can be found here in San Gerardo de Dota. Quetzals were an incredibly important bird for the ancient indigenous cultures and they reside here all year round. The climate and good food sources such as the Aguacatillo tree create the perfect habitat. Your expert guide will lead the tour to try and spot one of these magnificent birds. Depart early at 06:00am for the best chance of seeing them. With its metallic green plumage, crimson breast and bell and its incredible streamer-like feathers, seeing a male Quetzal in all its glory is a breathtaking experience.

Return to the lodge in time for breakfast. The rest of the day is free to relax at the lodge.

The rooms at **Trogon Lodge** are individual wooden cabins spread out around the beautifully kept gardens. The terrain is quite rugged so good walking shoes are required. The rooms are simple but charming and all come with hair dryers, a gas heater for the chilly nights, a shared outside porch with rocking chairs and views of the gardens. There are no TV's to distract from the serene natural environment! The lodge also has several nature trails, a bar and restaurant and a pond where you can catch trout for dinner!

 **Meals Included:** Breakfast.

**OVERNIGHT**

### TROGON LODGE



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# SAN GERARDO DE DOTA HIGHLIGHTS

CLOUD FOREST



RESPLENDENT QUETZAL



COMFORTABLE LODGE



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# YOUR DETAILED DAY BY DAY ITINERARY

## DAY 4

DATE TBC

### OSA PENINSULA

#### JOURNEY BY ROAD THEN BOAT TO A REMOTE RAINFOREST LODGE

After breakfast you are met at your hotel by your driver who will take you by to the city of Golfito in the Osa Peninsula. The drive takes about 4 hours and you can ask your driver to stop at any point along the way for a comfort break or lunch.

On arrival to Golfito you will be met by representatives of Playa Nicuesa Lodge who will take you on a beautiful boat ride across the Golfo Dulce to the lodge. The boat trip takes about 30 minutes and whales and dolphins can often be seen.

After landing on a remote beach you will be welcomed by the staff and shown to your room.

The rest of the afternoon is at leisure to relax and enjoy this tranquil location before dinner is served in the canopy level restaurant.

 **Meals Included:** Breakfast & Dinner.

## OVERNIGHT

### PLAYA NICUESA ECO LODGE



An enchanting eco lodge on accessible by boat on the edge of the Golfo Dulce and surrounded by 165 acres of pristine coastal rainforest.

[CLICK HERE TO LEARN MORE](#)



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## DAY 5

DATE TBC

### OSA PENINSULA

#### DAY OF ACTIVITIES IN THE RAINFOREST

During your time at Playa Nicuesa you have included three meals a day, access to numerous self guided nature trails, use of kayaks, stand up paddle boards, snorkelling equipment and fishing equipment. You also get to choose from either two half day or one full day excursion each day. These range from kayaking tours, mangrove river tours, botanical garden tours, paddle boarding tours, boat trips, snorkelling trips, inshore fishing and more!

Playa Nicuesa is an eco lodge located on the shore of the Golfo Dulce in the Osa Peninsula and adjacent to the Piedras Blancas National Park. The lodge is only accessible by boat and sits within its own 165 acre verdant rainforest reserve. The lodge was constructed in the most sustainable way possible using salvaged Costa Rican hardwoods and the electricity comes from solar power. They also have a comprehensive recycling program and biodegradable toiletries. The rooms and cabins do not have air conditioning, but ceiling fans and louvered doors ensure a cool breeze drifts through.

 **Meals Included:** Breakfast, Lunch & Dinner.

## OVERNIGHT

### PLAYA NICUESA ECO LODGE



An enchanting eco lodge on accessible by boat on the edge of the Golfo Dulce and surrounded by 165 acres of pristine coastal rainforest.

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# YOUR DETAILED DAY BY DAY ITINERARY

**DAY 6**

**DATE TBC**

## OSA PENINSULA

### CONTINUE TO EXPLORE THIS REMOTE LODGE

A second day to enjoy this special area or relax at the lodge itself. Each room and cabin is different and dotted around the property, but all have private terraces and indoor and outdoor bathrooms.

The main lodge houses the impressive canopy level restaurant as well as plenty of space to relax in a hammock plus a small library. Other facilities include a yoga deck and small dock. Wildlife viewing in this remote and peaceful location is second to none and there are a huge variety of activities on offer.

 **Meals Included:** Breakfast, Lunch & Dinner.

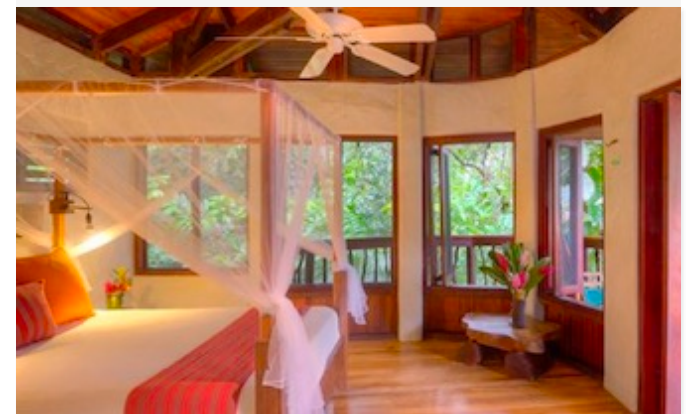
**OVERNIGHT**

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# YOUR DETAILED DAY BY DAY ITINERARY

**DAY 7**

**DATE TBC**

## OSA PENINSULA

### JOURNEY BY ROAD & BOAT TO CASA CORCOVADO

After breakfast you depart Playa Nicuesa by boat travelling back to Puerto Jimenez by boat across the Golfo Dulce (30 minutes). From here you are met by representatives of Casa Corcovado who will take you by road to a small town called Sierpe (about 1.5 hours).

At Sierpe you will be greeted by representatives of Casa Corcovado. Here there is time for some refreshments and a toilet break before boarding the boat for the journey to the lodge.

The first hour of the boat journey goes from a network of mangrove forests. Here there is a good chance to spot troops of monkeys, caiman and sloths right from the boat. After an hour you reach the mouth of the river and continue out into the Pacific Ocean. A further hour's ride along the shoreline provides beautiful views of the wild coast and you may even be able to see dolphins along the way.

On arrival to the beach there is a wet landing. We recommend wearing water shoes or sandals, but no flip flops as they will get washed away with the waves. From the beach a tractor will take you up the steep hill to finally arrive at the lodge! There is a welcome drink on arrival before you are shown to your bungalow and lunch is served. Spend the afternoon in the pool or exploring the on site trails in this unique and pristine environment. Dinner is served in the evening.

 **Meals Included:** Breakfast, Lunch & Dinner.

**OVERNIGHT**

## CASA CORCOVADO



In a truly untouched and beautiful setting in the remote Osa Peninsular, Casa Corcovado is a paradise for nature and wildlife lovers.

[CLICK HERE TO LEARN MORE](#)



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## DAY 8

DATE TBC

### OSA PENINSULA

#### A FULL DAY EXPLORING ONE OF COSTA RICA'S BEST NATIONAL PARKS

Famously declared by National Geographic as 'the most biologically intense place on the planet' Corcovado National Park is last remaining stretch of Pacific lowland rainforest in all of Central America. It is home to a dizzying amount of wildlife and is the best place to see the otherwise elusive Tapir who thrive here.

Today you will explore the paradise accompanied by an enthusiastic naturalist guide. Start out from the lodge with a walk along the beach where you can see scarlet macaws, monkeys, coatimundi's and anteaters.

From here enter Corcovado via the ranger station. Your guide will take you on a trail that leads to an impressive waterfall. You can spot a variety of birds including the King Vulture along the way. Take a refreshing dip in the natural pool before returning to the lodge. A picnic lunch is served on the beach where there are hammocks for you to relax in. Finally return to your bungalow to freshen up before enjoying a fresh cocktail at the sunset bar!

 **Meals Included:** Breakfast, Lunch & Dinner.

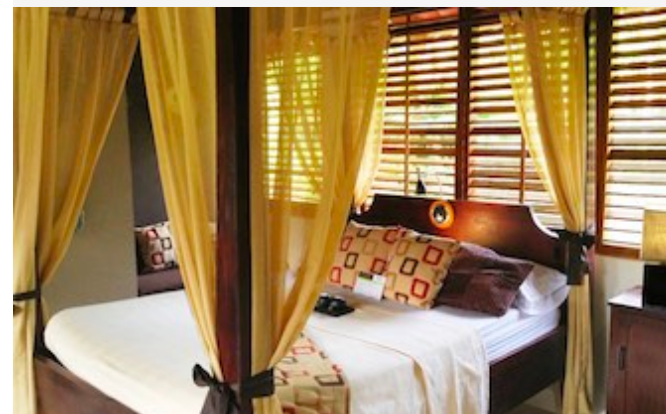
## OVERNIGHT

### CASA CORCOVADO



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# OSA PENINSULAR HIGHLIGHTS

## UNSPOILED BEACHES



## SEA LIFE



## WILDLIFE



# YOUR DETAILED DAY BY DAY ITINERARY

**DAY 9**

**DATE TBC**

## OSA PENINSULA

### A HALF DAY TRIP TO GO SNORKELLING AT CAÑO ISLAND

After breakfast you will be greeted by your guide who will take you to boat for the short trip to Caño Island. Caño Island can be seen from the lodge and takes about 40 minutes by boat to reach.

This deserted tropical island in the pacific is surrounded by reefs and a fantastic place to snorkel. Sometimes you can also see whales and dolphins from the boat. The snorkelling site forms part of a marine reserve and you should be able to see a variety of different tropical fish. If you are lucky you may also spot manta rays, sea turtles and white tipped reef sharks!

On returning to the lodge lunch is served. The afternoon is at leisure to relax by the pool or further explore the nature trails on site. The beautiful grounds and gardens are full of birdlife with scarlet macaws flying overhead, monkeys, coatimundi's and more. Tapir are sometimes seen eating from the mango trees and there is even a puma on the property! The deluxe bungalows are spacious and exceptionally comfortable with outdoor showers, private porches, hammocks, ceiling fans, and a minibar. Other facilities include a fantastic sunset bar, a games room, a wonderful pool area, forest nature trails and a second secluded spring water fed pool.

 **Meals Included:** Breakfast, Lunch & Dinner.

**OVERNIGHT**

## CASA CORCOVADO



In a truly untouched and beautiful setting in the remote Osa Peninsular, Casa Corcovado is a paradise for nature and wildlife lovers.

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## DAY 10

DATE TBC

### OSA PENINSULA

#### TRAVEL BY BOAT TO OVERNIGHT AT THE LA SIRENA RANGER STATION

This morning you will be met at the lodge by your professional guide who will take you by boat south along the Pacific coast to the La Sirena Ranger station in the heart of Corcovado National Park. The boat trip takes about 1.5 hours.

On arrival you will have a wet landing on the beach. The La Sirena Ranger station is located about 800 metres from the beach. You will spend the day hiking the many trails accompanied by your guide. This is the best area in the park to observe wildlife and particularly the otherwise rarely spotted Tapir.

This is a remote location where you will see few other people, which is perfect for keen naturalists and photographers. After a day of hiking you will bed down for the night.

**NOTE:** The accommodation is very basic with bunk beds, mosquito nets and shared bathrooms (no hot water). In the open air dining room you will enjoy a rustic but hearty dinner.

 **Meals Included:** Breakfast, Lunch & Dinner.

## OVERNIGHT

### LA SIRENA RANGER STATION



Very basic dormitory style lodgings providing little more than a bed and mosquito net at this remote ranger station in Corcovado national park.

[CLICK HERE TO LEARN MORE](#)



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# YOUR DETAILED DAY BY DAY ITINERARY

**DAY 11**

**DATE TBC**

## OSA PENINSULA

### DEPART THE RANGER STATION & RETURN TO CASA CORCOVADO

After breakfast this morning there is some time to explore the area once more before you are taken back by boat to Casa Corcovado (about 1.5 hours).

The rest of the afternoon and evening is at leisure to relax by the pool or take an optional additional excursion.

The reason we recommend you go back to Casa Corcovado for a night is that you can store your luggage here and therefore only need to take a day bag on the boat to La Sirena.

 **Meals Included:** Breakfast, Lunch & Dinner.

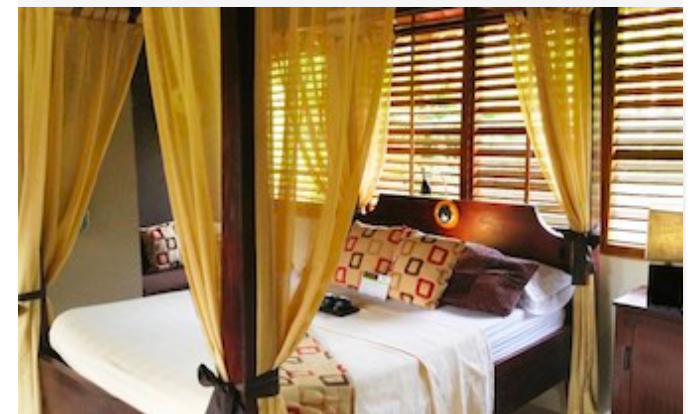
**OVERNIGHT**

### CASA CORCOVADO



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# YOUR DETAILED DAY BY DAY ITINERARY

DAY 12

DATE TBC

 UVITA

## BOAT TRIP & PRIVATE TRANSFER TO YOUR HOTEL ON THE COAST

After breakfast you check out of your room and journey by boat to Sierpe (2 hours). The boat trip along the shoreline in the Pacific Ocean is a great opportunity to spot dolphins and even whales.

On arrival to the dock at Sierpe you will have some time for a quick break before you are taken by private transfer the remainder of the way to your hotel in Uvita. The driving time is about 45 minutes.

After checking in to your room the rest of the afternoon is at leisure to relax by the pool. **Cristal Ballena is boutique resort with just 21 rooms located on a large 12 hectare property. The hotel is located on the rainforest covered hills just above Ballena beach which is part of the marine national park. The views from this privileged position are outstanding with beautiful sunsets over the ocean. You can walk to the beach which is an interesting hike or take the hotel's own complimentary shuttle service. (Only if staying in Cristal Ballena)**

 **Meals Included:** Breakfast.

OVERNIGHT

**CRISTAL BALLENA**



A small, family run hotel with extensive grounds, a fantastic pool, panoramic views of the ocean, huge rooms and just a short walk from the beach!

[CLICK HERE TO LEARN MORE](#)



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# YOUR DETAILED DAY BY DAY ITINERARY

**DAY 13**

**DATE TBC**

 **UVITA**

## A HALF DAY TOUR OF THE MARINO BALLENA NATIONAL PARK

Today you will discover the natural beauty of the Marino Ballena marine national park by boat. The tour starts from Punta Uvita Beach visiting the famous Uvita Whale Tale, Ballena Island, Tres Hermanas Islets and the Ventana Sea Caves. During the tour you will go in search of both Humpback and Pilot whales along with three resident species of dolphin.

Although the whales are only normally seen within the season, the dolphins can be observed year round. You will also go snorkelling on the coral reef and experience a variety of marine life.

**NOTE:** The best time to see humpback whales is mid-July and late October, but they are also possible to see from mid-December until late March. Please note that snorkelling is only possible from late November until June.

 **Meals Included:** Breakfast.

**OVERNIGHT**

**CRISTAL BALLENA**



A small, family run hotel with extensive grounds, a fantastic pool, panoramic views of the ocean, huge rooms and just a short walk from the beach!

[CLICK HERE TO LEARN MORE](#)



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# UVITA HIGHLIGHTS

PACIFIC BEACH



SUNSET



BIRDLIFE



# YOUR DETAILED DAY BY DAY ITINERARY

**DAY 14**

**DATE TBC**

 **UVITA**

## FREE DAY ON THE COAST TO GO TO THE BEACH OR EXPLORE FURTHER

Today is a free day at leisure. You could stay by the pool and enjoy the comforts of your hotel, or take a trip to a nearby waterfall. The beach is about a 20 minute walk away and your hotel provides complimentary shuttles. We recommend the walk there and the shuttle back. Other activities that can be arranged include boat trips, canopy tours, horse riding and more!

There is an enormous, 400 square metre swimming pool and a spa offering a variety of treatments. The grounds of the hotel are extensive and the beautifully kept tropical gardens are a haven for over 200 species of birds that have been spotted on the property. You can explore the various nature trails or go birdwatching. The rooms are generously sized and all come with private balconies, private bathrooms, air conditioning and all the amenities you require. The restaurant is particularly good and there is a gift shop on site too.

 **Meals Included:** Breakfast.

**OVERNIGHT**

**CRISTAL BALLENA**



A small, family run hotel with extensive grounds, a fantastic pool, panoramic views of the ocean, huge rooms and just a short walk from the beach!

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**DAY 15**

**DATE TBC**

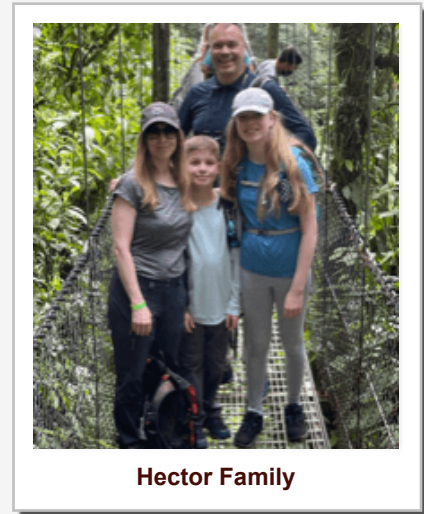
## END OF TOUR

### FREE TIME UNTIL A TRANSFER TO THE AIRPORT

Check-out and transfer from your hotel to the airport (about 3 hours) for your return international flight.

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 **Meals Included:** Breakfast.



**Hector Family**

"LATC are a fantastic company. Our trip to Costa Rica was exactly as promised, the accommodation was excellent, the guides were all knowledgeable and everything happened seamlessly, would definitely recommend!"

[VIEW MORE FEEDBACK](#)





- **Guide price\* per person based on 2 people travelling: UK £ 5,340 / US\$ 6,940**

*\* Prices vary by date, availability, exchange rates and the number of people in your party. Please contact us for a firm quote.*

A full list of what is included in this price can be seen on the following pages.

- **Booking and payment terms:**

Once we receive completed booking forms we will book and confirm services for you and send an invoice for the deposit payment of 20% per person (plus any international flights we are booking) with full payment due 60 days before departure. All payments to us are protected under our ATOL or ABTA licenses and we accept payment by Credit Card, Debit Card (no fee) or bank transfer. [Click here to read our Booking Terms & Conditions.](#)

- **Our pricing policy:**

We believe that the the pricing for this tour offers excellent value for the services and standards we operate and we frequently check our pricing against that of other operators. If you feel you have a similar quote that is of a lower price we are happy to reconsider our pricing for you if you can forward the other quote so we can fairly compare. We would add that in our experience we usually find some differences that, although they may appear subtle, make both a significant difference to the price and, more importantly, the quality of the trip experience.



## INCLUSIONS & EXCLUSIONS FOR THIS ITINERARY

Here you will find the inclusions and exclusions for this itinerary. We guarantee you will receive the services below although on very rare occasions one service may need to be replaced with another similar one as there are a lot of complex logistical elements to a trip like this.

### ■ INTERNATIONAL PLANE TICKETS: International Flight Luggage Policy - Please see your ticket for details

✈ International flight tickets are NOT included in this itinerary. We CAN arrange these for you.

### ■ ACCOMMODATION: Tried and tested by us or our local representatives

- ✓ 1 night Central Valley - Hotel Bougainvillea 3\* (Standard mountain view room with breakfast)
- ✓ 2 nights San Gerardo De Dota - Trogon Lodge 3\* (Standard room with breakfast)
- ✓ 3 nights Osa Peninsula - Playa Nicuesa Eco Lodge 4\* (Mango House room with meals as listed in the itinerary)
- ✓ 3 nights Osa Peninsula - Casa Corcovado 3\* (Deluxe room with meals as listed in the itinerary)
- ✓ 1 night Osa Peninsula - La Sirena Ranger Station 1\* (Shared dorm with meals as listed in the itinerary)
- ✓ 1 night Osa Peninsula - Casa Corcovado 3\* (Deluxe room with meals as listed in the itinerary)
- ✓ 3 nights Uvita - Cristal Ballena 4\* (Junior Suite room with breakfast)

### ■ TRANSFERS: By car or minibus except where stated - Transfer departure times will be given prior to the trip start

- ✓ Private transfer San Jose Airport to Central Valley (20km - 35 mins approximately)
- ✓ Private transfer Central Valley to San Gerardo de Dota (95km - 2 hours approximately)
- ✓ Shared transfer San Gerardo de Dota to Playa Nicuesa (car / minibus and boat) (195km - 4 hours approximately)
- ✓ Shared transfer Playa Nicuesa to Osa Peninsular (car / minibus and boat) (100km - 2 hours 30 mins approximately)
- ✓ Private transfer Osa Peninsular to La Sirena Ranger Station (boat) (1 hour 30 mins approximately)
- ✓ Private transfer La Sirena Ranger Station to Osa Peninsular (boat) (1 hour 30 mins approximately)
- ✓ Private transfer Osa Peninsular to Uvita (car and boat) (160km - 3 hours approximately)
- ✓ Private transfer Uvita to San Jose Airport (220km - 3 hours 30 mins approximately)



## INCLUSIONS & EXCLUSIONS FOR THIS ITINERARY

### ■ TOURS: All our tours include entrance fees and use professional guides

- ✓ San Gerardo De Dota - In search of the Resplendent Quetzal (2 hour small group tour)
- ✓ Osa Peninsula (Playa Nicuesa Eco Lodge) - use of equipment and daily tours included in stay.
- ✓ Osa Peninsula (Casa Corcovado) - Corcovado National Park Tour (full day small group tour)
- ✓ Osa Peninsula (Casa Corcovado) - Half day trip to go snorkelling at Caño Island (half day small group tour)
- ✓ Osa Peninsula (Casa Corcovado) - Overnight trip to La Sirena Ranger Station
- ✓ Uvita - Half day tour of the Marino Ballena National Park (half day small group tour)

### ■ OTHER INCLUSIONS: Also included in this trip

- ✓ Meals - As indicated in the itinerary.
- ✓ All national park entrance fees.
- ✓ All other entrance fees for attractions visited in the itinerary.
- ✓ Support - Emergency numbers and contacts for each destination.
- ✓ Guidebook - Our exclusive Trip Guidebook.
- ✓ Financial Peace of Mind - All monies paid to us are legally protected under UK law.
- ✓ Support from your dedicated Latin America specialist.

### ■ NOT INCLUDED IN THIS TOUR

- ✗ International Airfare to / from the start / finish of your trip - we can book these flights on request.
- ✗ Travel Insurance to cover any medical treatment etc. Please visit [Citybond Suretravel](#) for 10% off (UK residents only).
- ✗ Discretionary gratuities to drivers and guides.

### ■ END





## WHAT OUR CLIENTS SAY - SEE OUR WEBSITE FOR MORE



"I would like to say a big thanks to the team for making this trip such a pleasurable one for me and recommend without hesitation any friends, family or colleagues to use this company."

**John Vlacos**



"I would highly recommend using this company. We had a fabulous trip to Costa Rica. Extremely well organised and with just the right amount of advice and suggestions. Can't wait to plan our next trip with them."

**S. Trisk & Family**



"Great Value, Efficient, and Effective. The Latin America Travel Company worked with me to plan precisely the experience I wanted, at the time I wanted, and at a very competitive price."

**David Blanchard & Family**



"This trip outstripped my expectations by a long way. Costa Rica was such an amazing place with so much to do. The hotel choice was amazing and we felt so well looked after from start to finish."

**Mrs Harrison**



"Our trip was made so easy by your fantastic and professional organisation. The flight connections were flawless and all the guides and drivers friendly, helpful and informative. We thought your guidebook was a great bonus."

**Mr & Mrs Owen**



"LATC organized a wonderful trip for us. We wanted a nature tour with walking and wildlife and were rewarded in spades. The satisfaction of finding smaller creatures and the sheer variety was fantastic."

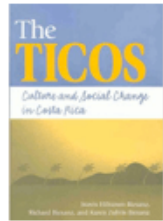
**Mr & Mrs Hardy**

[CLICK HERE TO VIEW MORE FEEDBACK ON OUR WEBSITE](#)



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### THE TICOS: CULTURE AND SOCIAL CHANGE IN COSTA RICA

MAVIS, KAREN & RICHARD BIESANZ

A thorough look at the history, politics, economic development, society and culture of Costa Rica. Fairly formal in style but very informative and a fantastic introduction to Costa Rica.



### THE COSTA RICA READER

IVAN MOLINA, STEVEN PALMER

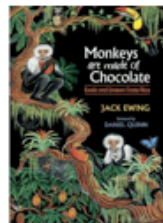
A wide selection of collected newspaper accounts, histories, petitions, memoirs, poems and essays by Costa Rican writers translated into English. Great to get a flavour of Costa Rican society. A good one to dip in and out of.



### COSTA RICA: A TRAVELER'S LITERARY COMPANION

BARBARA RAS (EDITOR)

A collection of short stories by Costa Rican authors translated into English. Usefully organised into different regions, this thoughtful collection really brings the country to life!



### MONKEYS ARE MADE OF CHOCOLATE: EXOTIC AND UNSEEN COSTA RICA

JACK EWING

A collection of Jack Ewing's stories and essays on nature, environmentalism, wildlife and conservation. Praised highly for his writing and story-telling, this is an easily accessible and fascinating read.



### NATIONAL PARKS OF COSTA RICA

GREGORY BASCO (PHOTOGRAPHER) ROBIN KAZMIER (AUTHOR)

This recent photo book published in 2015 contains the stunning photography of Gregory Basco and informative text by Robin Jazmier. Very well presented - a good coffee table book.



### THE BIRDS OF COSTA RICA

RICHARD GARRIGUES & ROBERT DEAN

This recently published field guide (2014) is getting rave reviews in the birding community. It covers all 903 species with identifying pictures and accompanying text. An essential companion for fans of Costa Rica's exotic bird life.



### TROPICAL NATURE

ADRIAN FORSYTH, KEN MIYATA

17 lively essays on tropical biology and first hand experiences by two field biologists who spent some time in the rainforests of Costa Rica. Essential reading for science buffs!



### JURASSIC PARK & THE LOST WORLD

MICHAEL CRICHTON

For a more unusual suggestion try the internationally famous Jurassic Park. Whilst the blockbuster was filmed in Hawaii, Crichton based his original novel on Costa Rica and the powerful imagery is very true to life.





# ESSENTIAL INFORMATION, TIPS & FREQUENTLY ASKED QUESTIONS

## HOW FAR IN ADVANCE DO I NEED TO BOOK?

A trip to Latin America can be quite a complex one with definite peak seasons when tickets and good hotel rooms can become scarce so we recommend booking as far in advance as possible with bookings a year in advance common.

## CAN YOU OBTAIN VISAS FOR US?

Most countries do not need a visa for our clients but if you do we can advise and recommend a visa agent.

## IS IT SAFE TO BOOK WITH YOU?

In a word, Yes! We members of ABTA and ATOL Bonded so any payments made to us are fully protected in the unlikely event of our financial failure. Our ABTA membership number is [Y1699](#) and our ATOL license number is [10287](#).

## IS LATIN AMERICAN TRAVEL SAFE?

We believe so and in recent years we hear of very few problems and there is no reason why you should not feel as safe travelling in all the areas we operate tours. This applies to men or women traveling alone and exercising reasonable common sense.

## WHAT HAPPENS ONCE WE MAKE A BOOKING?

On taking a booking we will confirm as many of the services as can be at that point and then ask you for a non-refundable deposit of 20% per person plus any international flights we are booking with the final balance payment due 60 days before your trip start date with us. 1 month before your trip with us starts we will send you our exclusive Trip Guidebook tailored to your specific trip with us.

## CAN YOU BOOK INTERNATIONAL FLIGHTS ?

Yes, as we hold an ATOL license (number 10287) we are permitted by the Civil Aviation Authority in the UK to book flights on behalf of our clients. We are a British Airways preferred operator but also book with other airlines to get the best deals and routes for our clients.

## WHY SHOULD WE BOOK A TRIP WITH YOU

We took our first Latin America trip in the 1990s and between us have taken many trips since. We have been to all destinations we offer, often many times, and are passionate about sharing our knowledge and providing you with the best possible travel experience of these destinations which we love to visit ourselves. Add to this the back up we offer from financial protection of your payments to us to the 24 hour emergency numbers we give you before your trip and we think we are the full package for quality, service and reliability.

## DO YOU CATER FOR ALL DIETS?

As long as we are informed at the time of making your booking we can cater for almost all dietary requirements.

## CAN YOU TAILOR THIS ITINERARY?

Yes! Just let your travel consultant know what changes you would like and we will revise the itinerary for you.

## IS THERE ANYTHING ELSE I SHOULD BE ASKING?

Almost certainly! We fully expect you will have many more questions and we are here to answer them so please do not hesitate to [contact us](#) - that is what we are here for!

