

THE LATIN AMERICA TRAVEL COMPANY

"We regard each and every trip we organise as a trip of a lifetime."

CR-SC-14 | COSTA RICA FAMILY NATURE TOUR

 **ITINERARY PAGE 8**

 **PRICING & INCLUSIONS PAGE 27**



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ABOUT OUR COMPANY

As the UK's leading, independent and family owned Latin America tour specialists our focus is on well thought through private and tailor made adventures. Our emphasis is very much on creating the right trip for you and we work closely with you in order to achieve this. We use our experience and knowledge to ensure your trip to Latin America is a trip of a lifetime!

ALL TOURS ARE FINANCIALLY PROTECTED

We are members of ABTA (Y1699) and our tours are ATOL protected (license 10287) giving you full peace of mind when booking with us both for monies paid to us as well as the code of conduct and high standards that membership of these organisations require.



SAN JOSE • TORTUGUERO • ARENAL • MONTEVERDE • MANUEL ANTONIO



COSTA RICA 



30 KM
19 Miles



PRIVATE TOUR : COSTA RICA FAMILY NATURE TOUR

Dear Sir / Madam,

Please find full details of this itinerary in this dossier. If you have any questions at all please do not hesitate to contact me.

Best regards,

The Latin America Travel Company.

THE LATIN AMERICA TRAVEL COMPANY

- www.thelatinamericatravelcompany.com
- info@thelatinamericatravelcompany.com

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- ABTA member Y1699
- ATOL License 10287



14 NIGHTS / 15 DAYS PRIVATE TOUR VISITING :

SAN JOSE

Costa Rica's vibrant capital city ringed by lush valleys and green mountains.

TORTUGUERO

Teeming with wildlife, the National Park is known for its Turtle hatchings.

ARENAL

Beautiful area of volcanoes, hot springs, hiking, lakes and rain forests.

MONTEVERDE

Explore the zip wires and hanging bridges of the cloud forest.

MANUEL ANTONIO

Stunning National Park where the Rain Forest meets the Beach.



Jan Patis & Friends

"The Latin American Travel Company is amazing and I cannot praise it highly enough! Their customer service is second to none - any queries were dealt with immediately and efficiently by and we were each provided with a personalised guidebook to take with us."



DAY

- 1 • SAN JOSE**

Meet & greet at the airport & transfer to your hotel.

Parque Del lago ★ ★ ★ [Learn more...](#)
- 2 • TORTUGUERO**

Journey by land and boat to Tortuguero & village & turtle centre tour.

Mawamba Lodge ★ ★ ★ [Learn more...](#)
- 3 • TORTUGUERO**

Excursion to Mawamba park & boat trip to Tortuguero national park.

Mawamba Lodge ★ ★ ★ [Learn more...](#)
- 4 • ARENAL**

Journey to on to the Arenal volcano region.

Casa Luna ★ ★ ★ [Learn more...](#)
- 5 • ARENAL**

Nature walk along the Arenal hanging bridges & guided nocturnal walk, frog sanctuary & dinner.

Casa Luna ★ ★ ★ [Learn more...](#)
- 6 • ARENAL**

La Fortuna waterfall hike & swimming under the falls.

Casa Luna ★ ★ ★ [Learn more...](#)
- 7 • MONTEVERDE**

Journey to the cloud forest across Arenal lake.

Senda Monteverde ★ ★ ★ ★ [Learn more...](#)



DAY

8	● MONTEVERDE	<p>Cloud forest hanging bridges, hummingbird & butterfly gardens.</p> <p>Senda Monteverde ★ ★ ★ ★ Learn more...</p>
9	● MANUEL ANTONIO	<p>Journey from Monteverde to the beach at Manuel Antonio.</p> <p>Parador Resort & Spa ★ ★ ★ ★ Learn more...</p>
10	● MANUEL ANTONIO	<p>Guided nature walk and beach time in the national park.</p> <p>Parador Resort & Spa ★ ★ ★ ★ Learn more...</p>
11	● MANUEL ANTONIO	<p>Tour of the kids saving the rainforest wildlife sanctuary.</p> <p>Parador Resort & Spa ★ ★ ★ ★ Learn more...</p>
12	● MANUEL ANTONIO	<p>Day at leisure in the resort and beaches or arrange further activities locally.</p> <p>Parador Resort & Spa ★ ★ ★ ★ Learn more...</p>
13	● MANUEL ANTONIO	<p>Day at leisure in the resort and beaches or arrange further activities locally.</p> <p>Parador Resort & Spa ★ ★ ★ ★ Learn more...</p>
14	● MANUEL ANTONIO	<p>Day at leisure in the resort and beaches or arrange further activities locally.</p> <p>Parador Resort & Spa ★ ★ ★ ★ Learn more...</p>



DAY

15 • END OF TOUR

Transfer to the airport for your onward flight.

N/A



DETAILED ITINERARY

The following pages detail your itinerary day by day. All our trips are tried and tested and, between us, we have visited most destinations and accommodation. We like to offer our clients the greatest flexibility possible with their trip so if there is anything you would like to change please do not hesitate to contact us.



**JUST ASK US IF YOU
WOULD LIKE TO MAKE
ANY CHANGES TO THIS
ITINERARY**



**Safe
travels**

by



YOUR DETAILED DAY BY DAY ITINERARY

DAY 1

DATE TBC

SAN JOSE

MEET & GREET AT THE AIRPORT & TRANSFER TO YOUR HOTEL

On arrival to San Jose you will be met by your friendly English speaking driver guide who will help you with your luggage and welcome you to Costa Rica. Then they transfer you straight to your hotel (about 30 minutes depending on traffic).

The rest of the afternoon and evening is at leisure.

 **Meals Included:** None Today.



YOUR EXCLUSIVE TRIP GUIDEBOOK

Tap into our knowledge of Latin America with a copy of our exclusive guidebook personalised to your trip. These books are packed full of tips about the country, climate, what to take, currency, language guides and destination guides. The perfect way to prepare for and get the most out of your Latin America experience with us!

OVERNIGHT

PARQUE DEL LAGO



A good standard modern and boutique hotel in a convenient location close to the airport. Rooms are well equipped and there is a restaurant too.

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 2

DATE TBC

TORTUGUERO

JOURNEY BY LAND & BOAT & VILLAGE & TURTLE CENTRE

This morning you will be picked up from your hotel before breakfast by shared minibus. You will then have a scenic two hour journey through Braulio Carillo national park before arriving to the town of Guápiles for breakfast around 08:00am. After breakfast you re-board the bus and the journey continues for another 1.5 hours past tropical fruit plantations. At approximately 11:00am you arrive to the dock. Here there is a shop, toilets and a shaded area where you can rest briefly before boarding the lodge's private boat for the final leg of the journey. The boat trip takes about an hour along the La Suerte and then Tortuguero rivers and is a great opportunity to spot wildlife. On arrival to the lodge you will be greeted with a refreshing welcome cocktail, checked into your room and shown to the restaurant for a buffet lunch.

After lunch your guide will take you on a tour of the nearby Tortuguero village and turtle museum. You will learn about the 1200 inhabitants way of life in this remote village and visit the turtle museum where you will learn why this is such a crucial site for Green Sea Turtles. There are some craft shops to browse and also a beach you can explore. You will have some free time before dinner is served back at the lodge.

NOTE: All times are approximate and may vary depending on weather and road conditions.

 **Meals Included:** Breakfast, Lunch & Dinner.

OVERNIGHT

MAWAMBA LODGE



Iguanas and other wildlife roam the immaculate gardens of this friendly and comfortable lodge. A top choice for wildlife lovers.

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 3

DATE TBC

TORTUGUERO

MAWAMBA PARK & BOAT TRIP TO TORTUGUERO NATIONAL PARK

Breakfast is served buffet style between 07:30am and 09:00am. About 09:30am your naturalist guide will take you on a group guided visit to the on-site Mawamba park, a private facility that features two butterfly gardens, a frog garden, a river turtles area and a bio-digester that converts the lodge's sewage into a natural source of methane gas which is then used to heat the stoves. Your guide will teach you about the local wildlife and explain the lodge's conservation and sustainability efforts. A buffet lunch is served back at the lodge from 12:30pm.

At approximately 2pm your guide will take you on a boat trip along the canals of Tortuguero national park. They will explain the history of the park and the conservation efforts that are made to protect the incredible biodiversity that exists within it. Spend the afternoon spotting caiman, several types of monkeys, hundreds of species of birds, sloths, river turtles, many different lizards and sometimes even Jaguar (although they are extremely rare). Return to the lodge for some free time before dinner.

TOP TIP: Tortuguero is one of the wettest areas in Costa Rica. Even in the dry season you can expect some showers. Make sure you bring a light waterproof or poncho as the boats have no roof in order to maximise wildlife viewing opportunities. Binoculars, sun cream and quick-drying clothes are also recommended.

NOTE: All times are approximate and may vary depending on weather conditions.

 **Meals Included:** Breakfast, Lunch & Dinner.

OVERNIGHT

MAWAMBA LODGE



Iguanas and other wildlife roam the immaculate gardens of this friendly and comfortable lodge. A top choice for wildlife lovers.

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TORTUGUERO HIGHLIGHTS

WILDLIFE SPOTTING



WILDLIFE



JUNGLE CANALS



YOUR DETAILED DAY BY DAY ITINERARY

DAY 4

DATE TBC

ARENAL

JOURNEY TO ON TO THE ARENAL VOLCANO REGION

Breakfast is served at the restaurant at 07:30am and you are asked to be checked out of your room by 08:30am for the 09:00am departure by boat back to the main dock. Arrival to the dock is approximately 11:00am where you will be able to use the facilities. After a brief stop you continue by air conditioned minibus to Guápiles arriving around 01:00pm where you will stop for lunch at a local restaurant.

After lunch you will be met by your private English speaking driver guide and transferred to Arenal, a journey of about 2 hours. On arrival to Arenal you will be dropped off at your hotel, welcomed by the staff and checked in to your room. The rest of the afternoon and evening is at your leisure.

Casa Luna is a small and friendly hotel in Arenal that provides a nice alternative to the larger resorts in the area. It is conveniently located near to the small town of La Fortuna and with great views of Arenal Volcano and the national park. Casa Luna is set amongst beautifully kept tropical gardens where hummingbirds, toucans and many other species of birds can often be seen. The charming restaurant serves local dishes and international favourites in an informal environment and the freshly made buffet breakfast has lots of choice. Along with a good sized swimming pool there are four secluded hot tubs heated to different temperatures and a popular full service spa.

 **Meals Included:** Breakfast & Lunch.

OVERNIGHT

CASA LUNA



An extremely good value hotel and one of the smaller properties in Arenal. Rooms are simple but comfortable and most offer views of the volcano.

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 5

DATE TBC

ARENAL

ARENAL HANGING BRIDGES & NOCTURNAL WALK & FROG SANCTUARY

A total of 16 bridges the longest of which is 97 metres form a nature trail of 3.2km across the forest canopy. A unique way to experience the primary rainforest up close from the tops of the trees. Your naturalist guide will explain to you about this unique eco system and point out the huge variety of flora and fauna that can be found in the reserve. There are impressive views of the volcano and Arenal lake.

TOP TIP: Bring a bottle of water, good shoes (no flip flops or sandals), suncream, insect repellent, a light waterproof or poncho in case of rain and waterproof protection for electronic devices

This evening you will be picked up and accompanied by a guide you will enjoy walking along a trail to a small patch of rainforest. You will be able to see a variety of nocturnal animals including insects, frogs, bats, birds and more. You will walk around a mirrored lake to a frog sanctuary which is an area dedicated to the regeneration and natural reproduction of a large amount of frog species such as the dart frog, bull frog, glass frog and the red eyed tree frog. After the tour a delicious traditional Costa Rican dinner is prepared over a wood burning stove. Enjoy dinner as your watch the lights twinkle in the San Carlos valley. Return to your hotel.

TOP TIP: Good hiking shoes are recommended, comfortable clothing, insect repellent and a lightweight waterproof or poncho in case of rain.

 **Meals Included:** Breakfast & Dinner.

OVERNIGHT

CASA LUNA



An extremely good value hotel and one of the smaller properties in Arenal. Rooms are simple but comfortable and most offer views of the volcano.

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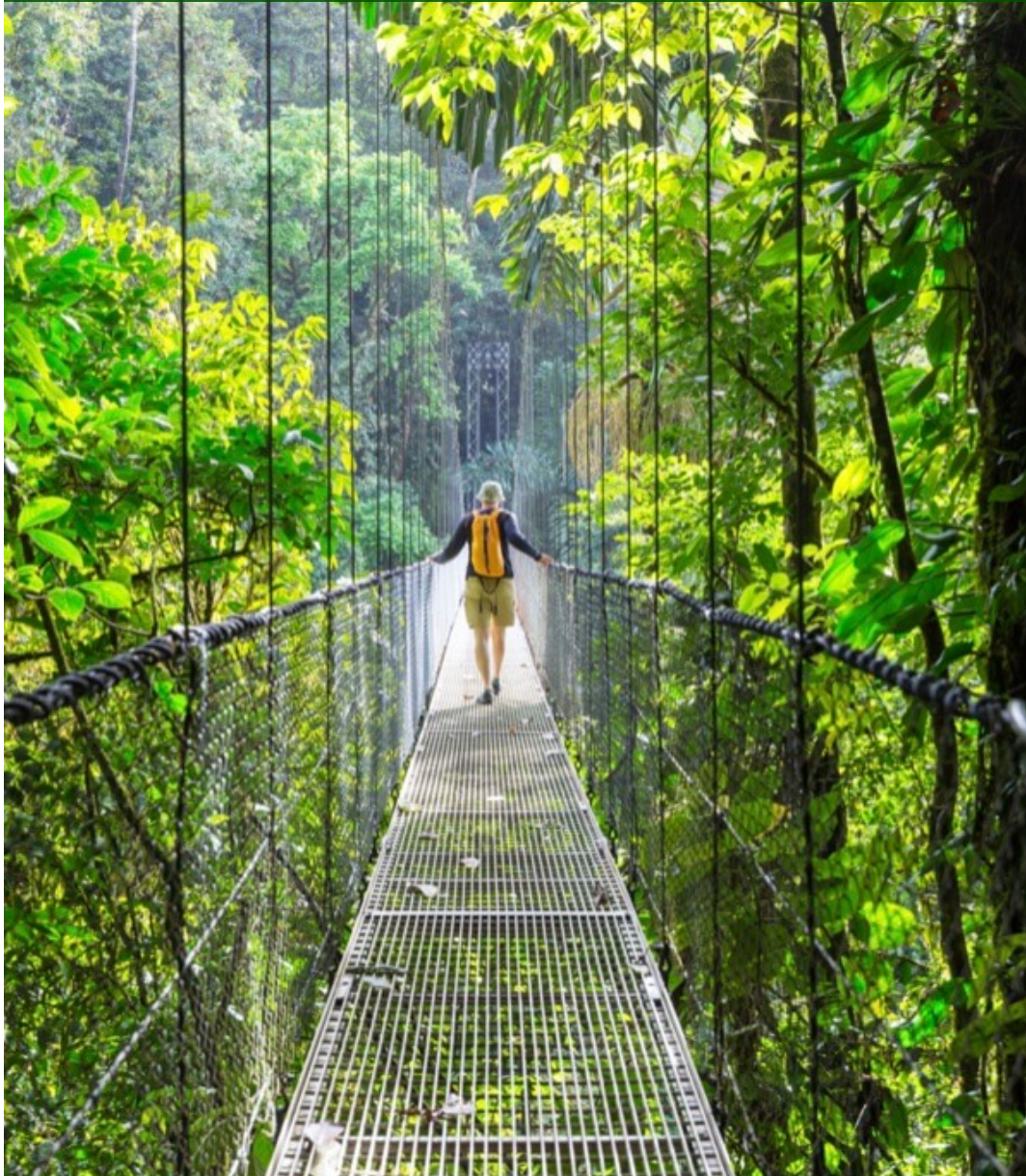


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ARENAL HIGHLIGHTS

THE HANGING BRIDGES



WILDLIFE IN THE FOREST



LA FORTUNA WATERFALL



YOUR DETAILED DAY BY DAY ITINERARY

DAY 6

DATE TBC

ARENAL

LA FORTUNA WATERFALL HIKE & SWIMMING UNDER THE FALLS

After breakfast this morning you will be met at your hotel by your guide to start your hike to the waterfall. You will go by car to the start of the short trail. Along the way you will explore the beautiful countryside of Costa Rica passing through cattle farms and peaceful rural landscapes.

There are many birds in the area such as oropendolas and toucans. When you get to the rainforest it is a 500 metre walk to the base of waterfall which stands at 70 metres high.

You have about an hour to swim in the water and explore the area before you are returned to your hotel.

TOP TIP: We recommend taking your swimming costume and towel if you plan to swim in the waterfall. Long trousers are best and good shoes are required (no flip flops!) A very light poncho or waterproof is useful in case of rain.

 **Meals Included:** Breakfast.

OVERNIGHT

CASA LUNA



An extremely good value hotel and one of the smaller properties in Arenal. Rooms are simple but comfortable and most offer views of the volcano.

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 7

DATE TBC

MONTEVERDE

JOURNEY TO THE CLOUD FOREST ACROSS ARENAL LAKE

You will be picked up at your hotel and transferred to the shores of Lake Arenal (about 15 minutes) From here you will board a small private boat to take you across to the other side of the lake (about 1 hour). On arrival to the dock at Rio Chiquito you will be taken by private transfer the remainder of the journey to your hotel in the Monteverde cloud forest region. The rest of the afternoon is at leisure to relax in your hotel or take an optional excursion.

Senda Monteverde is an ambitious project that aims to be the best hotel in Monteverde. Opening it's doors in November 2018, this luxury mountain lodge offers just 24 modern mountain bungalows that are dotted around the extensive property. Each independent 'casita' contains one or two rooms, some with views to the pacific ocean and others of the cloud forest. All rooms come with luxury organic toiletries, king size or twin beds, a separate living area, open air terraces and a minibar.

The property is also only a short walk from the bars and restaurants of Santa Elena. The hotel is next door to a wildlife refuge which you can visit and lots of wildlife can be seen wandering through the grounds. Bird watching is also excellent with hummingbirds and other species regularly seen.

 **Meals Included:** Breakfast.

OVERNIGHT

SENDA MONTEVERDE



A contemporary luxury mountain lodge with lush gardens, spacious rooms and suites, and a fantastic location in the heart of the cloud forest.

[CLICK HERE TO LEARN MORE](#)



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MONTEVERDE HIGHLIGHTS

CROSSING LAKE ARENAL



THE CLOUD FOREST



WILDLIFE



YOUR DETAILED DAY BY DAY ITINERARY

DAY 8

DATE TBC

MONTEVERDE

HANGING BRIDGES, HUMMINGBIRD & BUTTERFLY GARDENS

You will be picked up at your hotel for a guided nature walk along the hanging bridges in the cloud forest. These treetop walkways consist of 8 bridges of varying length that provide a unique view of the forest canopy and excellent opportunities to spot wildlife.

After this leisurely walk you will visit the nearby butterfly garden which is the one of the largest in Latin America. This huge domed structure is home to more than 50 different species of butterflies found at different altitudes and climates throughout Costa Rica. Your guide will teach you about the life cycle of butterflies and it is a great place to taking photos.

Finally you will visit the hummingbird garden where you will be able to observe 14 different species of hummingbird.

The hummingbird garden includes a natural waterfall, a picnic area and floral arrangements making it the perfect setting for nature photography enthusiasts.

 **Meals Included:** Breakfast.

OVERNIGHT

SENDA MONTEVERDE



A contemporary luxury mountain lodge with lush gardens, spacious rooms and suites, and a fantastic location in the heart of the cloud forest.

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 9

DATE TBC

MANUEL ANTONIO

JOURNEY FROM MONTEVERDE TO THE BEACH AT MANUEL ANTONIO

You will be picked up at your hotel in the morning after breakfast and transferred to Manuel Antonio on the Pacific Coast where you will be dropped at your hotel. There are local restaurants along the way that your driver can recommend should you wish to stop for lunch. Once you have checked into your room the rest of the day is at leisure to relax by the pool.

The Parador Resort is a grand hotel perched high on the clifftop surrounded by jungle and overlooking the Pacific Ocean. It's privileged position affords outstanding panoramic views. This fairly big resort still feels intimate and secluded with many hidden corners and three different ocean view pools to choose from. There is also a 'monkey trail' that leads around the grounds where a variety of wildlife is often seen and a fun mini golf course tastefully designed within the peaceful gardens. Monkeys can be spotted by the side of the main pool eating from the mango trees!

There is also a 'monkey trail' that leads around the grounds where a variety of wildlife is often seen and a fun mini golf course tastefully designed within the peaceful gardens. Monkeys can be spotted by the side of the main pool eating from the mango trees!

 **Meals Included:** Breakfast.

OVERNIGHT

HOTEL PARADOR



One of our personal favourites, a grand resort with superb dining options, monkeys by the pool and the best views in Manuel Antonio.

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 10

DATE TBC

MANUEL ANTONIO

GUIDED NATURE WALK AND BEACH TIME IN THE NATIONAL PARK

Manuel Antonio is the nation's smallest, but arguably the prettiest national park. With thick jungle emerging onto white sand beaches, it is a picture perfect tropical paradise.

Your guide will lead you on an informative walk along the trails as you look for wildlife. All four species of monkeys can be found in the park, one of the only areas in Costa Rica where this is possible, along with lots of other wildlife.

After the walk enjoy a refreshing dip in the sea before returning to the hotel by lunch time.

TOP TIP: Make sure you bring your swimming costume and plenty of water

 **Meals Included:** Breakfast.

OVERNIGHT

HOTEL PARADOR



One of our personal favourites, a grand resort with superb dining options, monkeys by the pool and the best views in Manuel Antonio.

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YOUR DETAILED DAY BY DAY ITINERARY

DAY 11

DATE TBC

MANUEL ANTONIO

TOUR OF THE KIDS SAVING THE RAINFOREST WILDLIFE SANCTUARY

Kids Saving the Rainforest was founded in 1999 by two 9 year old girls with a passion for preserving and protecting the rainforest. Since then the organisation has set up several different programs based around conservation and education.

Today you will have a tour of their wildlife sanctuary which specialises in the rescue and rehabilitation of animals with the aim of re-introducing them to the wild. In addition to helping injured and abandoned animals return to the wild there are many animals which cannot be released, and KSTR offers safe sanctuary for them.

During the tour you will see five types of monkeys including spider monkeys, white faced capuchins, squirrel monkeys, tamarins and marmosets. You will also see kinkajous, parrots and everyone's favourite, sloths! After the wildlife sanctuary tour there is some time for a quick dip in the pool before being returned to your hotel.

NOTE: 100% of the cost of this tour goes directly towards the project. Bring good shoes, sun cream, insect repellent & your swimming costume if you want to go in the pool.

 **Meals Included:** Breakfast.

OVERNIGHT

HOTEL PARADOR



One of our personal favourites, a grand resort with superb dining options, monkeys by the pool and the best views in Manuel Antonio.

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 12

DATE TBC

MANUEL ANTONIO

DAYS AT LEISURE TO ROUND OUT YOUR TRIP

End your trip relaxing by the hotel pool, taking a trip to the beach, or indulging in a spa treatment. For the more active kayaking excursions, catamaran tours, horse riding and river rafting are all available. Please let us know if you would like us to arrange any additional excursions.

The hotel is minutes from the national park and free daily shuttles are provided to the beach, a short 5 minute drive away. There are a selection of gourmet dining options, a rejuvenating spa, tennis courts and a wine cellar. Inspired by Spain, this prestigious hotel exudes old world charm and is the perfect place to relax and unwind.

The Parador Resort is minutes from the national park and free daily shuttles are provided to the beach, a short 5 minute drive away. There are a selection of gourmet dining options, a rejuvenating spa, tennis courts and a wine cellar. Inspired by Spain, this prestigious hotel exudes old world charm and is the perfect place to relax and unwind.

 **Meals Included:** Breakfast.

OVERNIGHT

HOTEL PARADOR



One of our personal favourites, a grand resort with superb dining options, monkeys by the pool and the best views in Manuel Antonio.

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DAY 13

DATE TBC



OVERNIGHT

HOTEL PARADOR



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[CLICK HERE TO LEARN MORE](#)



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DAY 14

DATE TBC



OVERNIGHT

HOTEL PARADOR



One of our personal favourites, a grand resort with superb dining options, monkeys by the pool and the best views in Manuel Antonio.

[CLICK HERE TO LEARN MORE](#)



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DAY 15

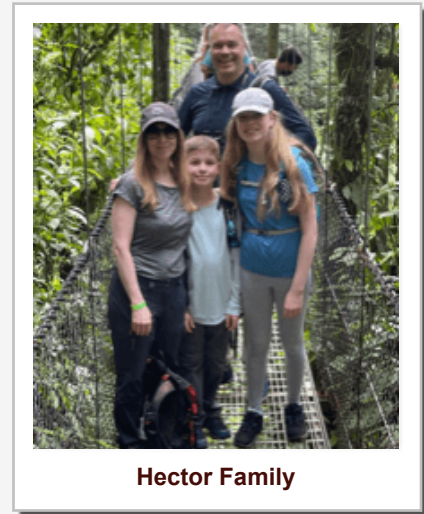
DATE TBC

END OF TOUR

FREE TIME UNTIL A TRANSFER TO THE AIRPORT

Check-out and transfer from your hotel to the airport for your return international flight.

 **Meals Included:** Breakfast.



Hector Family

"LATC are a fantastic company. Our trip to Costa Rica was exactly as promised, the accommodation was excellent, the guides were all knowledgeable and everything happened seamlessly, would definitely recommend!"

[VIEW MORE FEEDBACK](#)



- **Guide price* based on 4 people travelling: UK £ 8,990 / US\$ 11,690**

** Prices vary by date, availability, exchange rates and the number of people in your party. Please contact us for a firm quote.*

A full list of what is included in this price can be seen on the following pages.

- **Booking and payment terms:**

Once we receive completed booking forms we will book and confirm services for you and send an invoice for the deposit payment of 20% per person (plus any international flights we are booking) with full payment due 60 days before departure. All payments to us are protected under our ATOL or ABTA licenses and we accept payment by Credit Card, Debit Card (no fee) or bank transfer. [Click here to read our Booking Terms & Conditions.](#)

- **Our pricing policy:**

We believe that the the pricing for this tour offers excellent value for the services and standards we operate and we frequently check our pricing against that of other operators. If you feel you have a similar quote that is of a lower price we are happy to reconsider our pricing for you if you can forward the other quote so we can fairly compare. We would add that in our experience we usually find some differences that, although they may appear subtle, make both a significant difference to the price and, more importantly, the quality of the trip experience.



INCLUSIONS & EXCLUSIONS FOR THIS ITINERARY

Here you will find the inclusions and exclusions for this itinerary. We guarantee you will receive the services below although on very rare occasions one service may need to be replaced with another similar one as there are a lot of complex logistical elements to a trip like this.

■ INTERNATIONAL PLANE TICKETS: International Flight Luggage Policy - Please see your ticket for details

✈ International flight tickets are NOT included in this itinerary. We CAN arrange these for you.

■ ACCOMMODATION: Tried and tested by us or our local representatives

- ✓ 1 night San Jose - Parque Del Lago 3* (2 connecting superiors room with breakfast)
- ✓ 2 nights Tortuguero - Mawamba Lodge 3* (Standard room with meals as listed in the itinerary)
- ✓ 3 nights Arenal - Casa Luna 3* (Superior room with breakfast)
- ✓ 2 nights Monteverde - Senda Monteverde 4* (Junior Suite room with Breakfast)
- ✓ 4 nights Manuel Antonio - Hotel Parador Resort & Spa 4* (Garden plus room with breakfast)

■ TRANSFERS: By car or minibus except where stated - Transfer departure times will be given prior to the trip start

- ✓ Private transfer San Jose Airport to San Jose (15km - 20 mins approximately)
- ✓ Shared transfer San Jose to Guápiles (70km - 1 hour 30 mins approximately)
- ✓ Shared transfer Guápiles to Tortuguero (bus and boat) (60km - 2 hours approximately)
- ✓ Shared transfer Tortuguero to Guápiles (bus and boat) (60km - 2 hours approximately)
- ✓ Shared transfer Guápiles to Arenal (120km - 2 hours approximately)
- ✓ Private transfer Arenal to Monteverde (bus and boat) (70km - 3 hours approximately)
- ✓ Private transfer Monteverde to Manuel Antonio (190km - 4 hours approximately)
- ✓ Private transfer Manuel Antonio to San Jose Airport (160km - 3 hours approximately)



INCLUSIONS & EXCLUSIONS FOR THIS ITINERARY

■ TOURS: All our tours include entrance fees and use professional guides

- ✓ Tortuguero - Tortuguero Village & Turtle Centre (half day small group tour)
- ✓ Tortuguero - Guided morning nature walk through Mawamba Park (2 hour small group tour)
- ✓ Tortuguero - Tour to Tortuguero National Park (half day small group tour)
- ✓ Arenal - Arenal Hanging Bridges Park Natural History Walk tour (half day small group tour)
- ✓ Arenal - Nocturnal walk, frog sanctuary & dinner (2 - 3 hours small group tour)
- ✓ Arenal - Fortuna Fall hike and swimming under the falls (half day small group tour)
- ✓ Monteverde - Cloud forest hanging bridges, hummingbird & butterfly gardens tour (half day small group tour)
- ✓ Hotel Parador - Manuel Antonio National Park (half day small group tour)
- ✓ Hotel Parador - Tour of The Kids Saving The Rainforest Wildlife Sanctuary (half day small group tour)

■ OTHER INCLUSIONS: Also included in this trip

- ✓ Meals - As indicated in the itinerary.
- ✓ All national park entrance fees.
- ✓ All other entrance fees for attractions visited in the itinerary.
- ✓ Support - Emergency numbers and contacts for each destination.
- ✓ Guidebook - Our exclusive Trip Guidebook.
- ✓ Financial Peace of Mind - All monies paid to us are legally protected under UK law.
- ✓ Support from your dedicated Latin America specialist.

■ NOT INCLUDED IN THIS TOUR

- ✗ International Airfare to / from the start / finish of your trip - we can book these flights on request.
- ✗ Travel Insurance to cover any medical treatment etc. Please visit [Citybond Suretravel](#) for 10% off (UK residents only).
- ✗ Discretionary gratuities to drivers and guides.

■ END



WHAT OUR CLIENTS SAY - SEE OUR WEBSITE FOR MORE



"I would like to say a big thanks to the team for making this trip such a pleasurable one for me and recommend without hesitation any friends, family or colleagues to use this company."

John Vlacos



"I would highly recommend using this company. We had a fabulous trip to Costa Rica. Extremely well organised and with just the right amount of advice and suggestions. Can't wait to plan our next trip with them."

S. Trisk & Family



"Great Value, Efficient, and Effective. The Latin America Travel Company worked with me to plan precisely the experience I wanted, at the time I wanted, and at a very competitive price."

David Blanchard & Family



"This trip outstripped my expectations by a long way. Costa Rica was such an amazing place with so much to do. The hotel choice was amazing and we felt so well looked after from start to finish."

Mrs Harrison



"Our trip was made so easy by your fantastic and professional organisation. The flight connections were flawless and all the guides and drivers friendly, helpful and informative. We thought your guidebook was a great bonus."

Mr & Mrs Owen



"LATC organized a wonderful trip for us. We wanted a nature tour with walking and wildlife and were rewarded in spades. The satisfaction of finding smaller creatures and the sheer variety was fantastic."

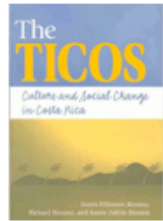
Mr & Mrs Hardy

[CLICK HERE TO VIEW MORE FEEDBACK ON OUR WEBSITE](#)



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THE TICOS: CULTURE AND SOCIAL CHANGE IN COSTA RICA

MAVIS, KAREN & RICHARD BIESANZ

A thorough look at the history, politics, economic development, society and culture of Costa Rica. Fairly formal in style but very informative and a fantastic introduction to Costa Rica.



THE COSTA RICA READER

IVAN MOLINA, STEVEN PALMER

A wide selection of collected newspaper accounts, histories, petitions, memoirs, poems and essays by Costa Rican writers translated into English. Great to get a flavour of Costa Rican society. A good one to dip in and out of.



COSTA RICA: A TRAVELER'S LITERARY COMPANION

BARBARA RAS (EDITOR)

A collection of short stories by Costa Rican authors translated into English. Usefully organised into different regions, this thoughtful collection really brings the country to life!



MONKEYS ARE MADE OF CHOCOLATE: EXOTIC AND UNSEEN COSTA RICA

JACK EWING

A collection of Jack Ewing's stories and essays on nature, environmentalism, wildlife and conservation. Praised highly for his writing and story-telling, this is an easily accessible and fascinating read.



NATIONAL PARKS OF COSTA RICA

GREGORY BASCO (PHOTOGRAPHER) ROBIN KAZMIER (AUTHOR)

This recent photo book published in 2015 contains the stunning photography of Gregory Basco and informative text by Robin Jazmier. Very well presented - a good coffee table book.



THE BIRDS OF COSTA RICA

RICHARD GARRIGUES & ROBERT DEAN

This recently published field guide (2014) is getting rave reviews in the birding community. It covers all 903 species with identifying pictures and accompanying text. An essential companion for fans of Costa Rica's exotic bird life.



TROPICAL NATURE

ADRIAN FORSYTH, KEN MIYATA

17 lively essays on tropical biology and first hand experiences by two field biologists who spent some time in the rainforests of Costa Rica. Essential reading for science buffs!



JURASSIC PARK & THE LOST WORLD

MICHAEL CRICHTON

For a more unusual suggestion try the internationally famous Jurassic Park. Whilst the blockbuster was filmed in Hawaii, Crichton based his original novel on Costa Rica and the powerful imagery is very true to life.



ESSENTIAL INFORMATION, TIPS & FREQUENTLY ASKED QUESTIONS

HOW FAR IN ADVANCE DO I NEED TO BOOK?

A trip to Latin America can be quite a complex one with definite peak seasons when tickets and good hotel rooms can become scarce so we recommend booking as far in advance as possible with bookings a year in advance common.

CAN YOU OBTAIN VISAS FOR US?

Most countries do not need a visa for our clients but if you do we can advise and recommend a visa agent.

IS IT SAFE TO BOOK WITH YOU?

In a word, Yes! We members of ABTA and ATOL Bonded so any payments made to us are fully protected in the unlikely event of our financial failure. Our ABTA membership number is [Y1699](#) and our ATOL license number is [10287](#).

IS LATIN AMERICAN TRAVEL SAFE?

We believe so and in recent years we hear of very few problems and there is no reason why you should not feel as safe travelling in all the areas we operate tours. This applies to men or women traveling alone and exercising reasonable common sense.

WHAT HAPPENS ONCE WE MAKE A BOOKING?

On taking a booking we will confirm as many of the services as can be at that point and then ask you for a non-refundable deposit of 20% per person plus any international flights we are booking with the final balance payment due 60 days before your trip start date with us. 1 month before your trip with us starts we will send you our exclusive Trip Guidebook tailored to your specific trip with us.

CAN YOU BOOK INTERNATIONAL FLIGHTS ?

Yes, as we hold an ATOL license (number 10287) we are permitted by the Civil Aviation Authority in the UK to book flights on behalf of our clients. We are a British Airways preferred operator but also book with other airlines to get the best deals and routes for our clients.

WHY SHOULD WE BOOK A TRIP WITH YOU

We took our first Latin America trip in the 1990s and between us have taken many trips since. We have been to all destinations we offer, often many times, and are passionate about sharing our knowledge and providing you with the best possible travel experience of these destinations which we love to visit ourselves. Add to this the back up we offer from financial protection of your payments to us to the 24 hour emergency numbers we give you before your trip and we think we are the full package for quality, service and reliability.

DO YOU CATER FOR ALL DIETS?

As long as we are informed at the time of making your booking we can cater for almost all dietary requirements.

CAN YOU TAILOR THIS ITINERARY?

Yes! Just let your travel consultant know what changes you would like and we will revise the itinerary for you.

IS THERE ANYTHING ELSE I SHOULD BE ASKING?

Almost certainly! We fully expect you will have many more questions and we are here to answer them so please do not hesitate to [contact us](#) - that is what we are here for!

