

THE LATIN AMERICA TRAVEL COMPANY

"We regard each and every trip we organise as a trip of a lifetime."

CR-SC-16 | COSTA RICA SELF DRIVE DISCOVERY



 **ITINERARY PAGE 8**

 **PRICING & INCLUSIONS PAGE 28**

 **ABTA**
The Travel Association



**Safe
travels**

by

 **WORLD
TRAVEL &
TOURISM
COUNCIL**

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ABOUT OUR COMPANY

As the UK's leading, independent and family owned Latin America tour specialists our focus is on well thought through private and tailor made adventures. Our emphasis is very much on creating the right trip for you and we work closely with you in order to achieve this. We use our experience and knowledge to ensure your trip to Latin America is a trip of a lifetime!

ALL TOURS ARE FINANCIALLY PROTECTED

We are members of ABTA (Y1699) and our tours are ATOL protected (license 10287) giving you full peace of mind when booking with us both for monies paid to us as well as the code of conduct and high standards that membership of these organisations require.



SAN JOSE • SARAPIQUI • ARENAL • MONTEVERDE • OSA PENINSULAR • CENTRAL VALLEY



30 KM
19 Miles



PRIVATE TOUR : COSTA RICA SELF DRIVE DISCOVERY

Dear Sir / Madam,

Please find full details of this itinerary in this dossier. If you have any questions at all please do not hesitate to contact me.

Best regards,

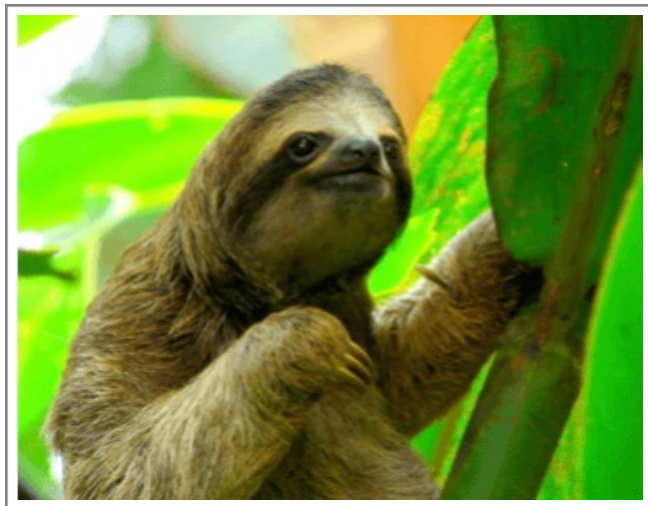
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- info@thelatinamericatravelcompany.com

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- ABTA member Y1699
- ATOL License 10287



14 NIGHTS / 15 DAYS PRIVATE TOUR VISITING :

SAN JOSE

Costa Rica's vibrant capital city ringed by lush valleys and green mountains.

SARAPIQUI

An area known for its eco-tourism lodges and white water rafting.

ARENAL

Beautiful area of volcanoes, hot springs, hiking, lakes and rain forests.

MONTEVERDE

Explore the zip wires and hanging bridges of the cloud forest.

OSA PENINSULA

Rugged and unspoiled this is Costa Rica's wildest region & best for wildlife.

CENTRAL VALLEY

The fertile Central Valley near San Jose is famous for its coffee growing.



Jan Patis & Friends

"The Latin American Travel Company is amazing and I cannot praise it highly enough! Their customer service is second to none - any queries were dealt with immediately and efficiently by and we were each provided with a personalised guidebook to take with us."



DAY

1

● SAN JOSE

Meet & greet at the airport & transfer to your hotel.

Grano De Oro Hotel ★★☆☆☆ [Learn more...](#)

2

● SARAPIQUI

Start your self-drive adventure driving to your rainforest lodge.

Selva Verde Lodge ★★☆☆ [Learn more...](#)

3

● SARAPIQUI

Guided nature walk among the oldest trees in Central America.

Selva Verde Lodge ★★☆☆ [Learn more...](#)

4

● ARENAL

Continue your journey to the Arenal Volcano region.

Casa Luna ★★☆☆ [Learn more...](#)

5

● ARENAL

Privately guided trip volcano trekking in the national park.

Casa Luna ★★☆☆ [Learn more...](#)

6

● ARENAL

Sloth & wildlife tour & guided nature walk along the Arenal Hanging Bridges.

Casa Luna ★★☆☆ [Learn more...](#)

7

● MONTEVERDE

Drive up into the Monteverde cloud forest.

Senda Monteverde ★★☆☆☆ [Learn more...](#)



DAY

- 8**

● **MONTEVERDE**

A guided hike in the cloud forest reserve.

Senda Monteverde ★ ★ ★ ★ [Learn more...](#)
- 9**

● **OSA PENINSULAR**

Drive to San Jose airport & internal flight to Golfito.

Playa Cativo ★ ★ ★ ★ ★ [Learn more...](#)
- 10**

● **OSA PENINSULAR**

Boat trip & kayak on the Rio Esquinas in this remote wilderness.

Playa Cativo ★ ★ ★ ★ ★ [Learn more...](#)
- 11**

● **OSA PENINSULAR**

The challenging Piedras Blancas half day hike in the national park.

Playa Cativo ★ ★ ★ ★ ★ [Learn more...](#)
- 12**

● **OSA PENINSULAR**

A day at leisure to relax or join included activities.

Playa Cativo ★ ★ ★ ★ ★ [Learn more...](#)
- 13**

● **CENTRAL VALLEY**

Journey back to San Jose & private transfer to the Central Valley.

Finca Rosa Blanca ★ ★ ★ ★ [Learn more...](#)
- 14**

● **CENTRAL VALLEY**

A tour of an organic coffee plantation & tasting.

Finca Rosa Blanca ★ ★ ★ ★ [Learn more...](#)



DAY

15 • **END**

Free time until a transfer to the airport for departure.

N/A



DETAILED ITINERARY

The following pages detail your itinerary day by day. All our trips are tried and tested and, between us, we have visited most destinations and accommodation. We like to offer our clients the greatest flexibility possible with their trip so if there is anything you would like to change please do not hesitate to contact us.



**JUST ASK US IF YOU
WOULD LIKE TO MAKE
ANY CHANGES TO THIS
ITINERARY**



**Safe
travels**

by



YOUR DETAILED DAY BY DAY ITINERARY

DAY 1

DATE TBC

SAN JOSE

MEET & GREET AT THE AIRPORT & TRANSFER TO YOUR HOTEL

On arrival to San Jose you will be met by your friendly English speaking driver guide who will help you with your luggage and welcome you to Costa Rica. Then you will be transferred straight to your hotel. The rest of the afternoon and evening is at leisure.

Recommendation: For your evening meal we recommend the restaurant at your hotel. Set around an open air courtyard, it is one of the best in the city and well worth a visit.

 **Meals Included:** None Today.



YOUR EXCLUSIVE TRIP GUIDEBOOK

Tap into our knowledge of Latin America with a copy of our exclusive guidebook personalised to your trip. These books are packed full of tips about the country, climate, what to take, currency, language guides and destination guides. The perfect way to prepare for and get the most out of your Latin America experience with us!

OVERNIGHT

GRANO DE ORO HOTEL



Full of character and charm, a warm and welcoming hotel with one of the most well-regarded restaurants in the country.

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 2

DATE TBC

SARAPIQUI

START YOUR ADVENTURE DRIVING TO YOUR RAINFOREST LODGE

This morning your hire car will be delivered to your hotel. You will have a Hyundai Tucson 4WD AT or similar model. You'll need the four wheel drive for some of the roads in Costa Rica! It also comes with GPS.

After breakfast, you can check out at your leisure and begin your drive north to your rainforest lodge in Sarapiquí. This drive takes about 2 hours direct.

All your meals are included at Selva Verde, so lunch will also be available, depending on your time of arrival.

Selva Verde was the vision of Giovanna Holbrook, an ornithologist and pioneer in ecotourism, who purchased a piece of land in Sarapiquí back in 1982 in order to protect it from logging. She built a guest house on the land to host visiting researchers. Today that guest house has evolved into Selva Verde, one of the most respected eco lodges in Costa Rica. Located within its own 500 acre private reserve there are 40 rooms connected by elevated walkways and 7 private bungalows located a 10 – 15 minute walk from the main lodge further into the rainforest.

 **Meals Included:** Breakfast & Dinner.

OVERNIGHT

SELVA VERDE LODGE



A paradise for bird and nature lovers this is one of Costa Rica's leading eco lodges and a pioneer in conservation and community led tourism.

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 3

DATE TBC

SARAPIQUI

GUIDED NATURE WALK AMONG THE OLDEST TREES IN CENTRAL AMERICA

Today you will embark on one of the best hikes within the Selva Verde private reserve accompanied by a professional, naturalist guide. The Almendro (almond) trees found within the reserve are among the oldest and largest remaining Almendro trees in all of Central America. These huge impressive trees are more than 600 years old and form an important part of the eco system. They are also vitally important to the endangered Great Green Macaw which relies on the tree's fruit for food.

Your naturalist guide will lead you into the depths of the reserve to admire these amazing trees whilst teaching you about the other flora and fauna that can be found in the forest.

NOTE: The hike takes about 4 hours in total and is open to anyone of normal physical condition. Bottled water is provided and we also recommend wearing long trousers, good hiking shoes and taking a light waterproof or poncho in case of rain.

 **Meals Included:** Breakfast, Lunch & Dinner.

OVERNIGHT

SELVA VERDE LODGE



A paradise for bird and nature lovers this is one of Costa Rica's leading eco lodges and a pioneer in conservation and community led tourism.

[CLICK HERE TO LEARN MORE](#)



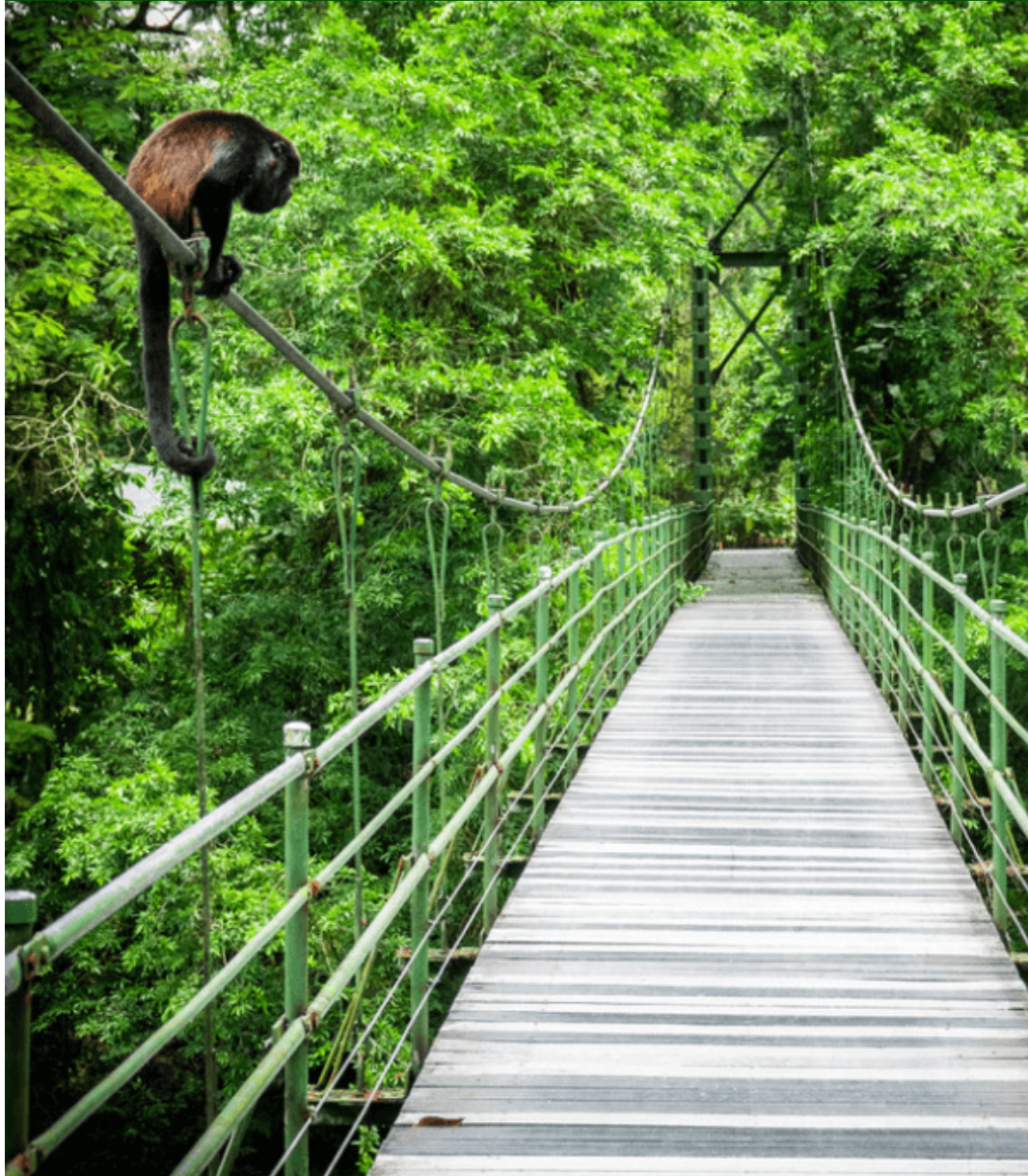
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SELA VERDE RESERVE



WILDLIFE SPOTTING



WILDLIFE SPOTTING



YOUR DETAILED DAY BY DAY ITINERARY

DAY 4

DATE TBC

ARENAL

CONTINUE YOUR JOURNEY TO THE ARENAL VOLCANO REGION

After breakfast this morning you check out and continue your journey towards Arenal. The drive between Sarapiquí and Arenal is about 2 hours direct, but with your own car you are free to travel at your leisure.

After checking into your hotel, the rest of the afternoon is at leisure to relax by the pool or enjoy the hot springs.

Casa Luna is a small and friendly hotel in Arenal that provides a nice alternative to the larger resorts in the area. It is conveniently located near to the small town of La Fortuna and with great views of Arenal Volcano and the national park. The rooms tend to be a bit bland but perfectly comfortable with air conditioning, private bathrooms, all the modern amenities and volcano or garden views. We recommend taking the superior room.

Casa Luna is set amongst beautifully kept tropical gardens where hummingbirds, toucans and many other species of birds can often be seen. The charming restaurant serves local dishes and international favourites in an informal environment and the freshly made buffet breakfast has lots of choice. Along with a good sized swimming pool there are four secluded hot tubs heated to different temperatures and a popular full service spa.

 **Meals Included:** Breakfast.

OVERNIGHT

CASA LUNA



An extremely good value hotel and one of the smaller properties in Arenal. Rooms are simple but comfortable and most offer views of the volcano.

[CLICK HERE TO LEARN MORE](#)



Photos for guidance only & not necessarily the room booked



YOUR DETAILED DAY BY DAY ITINERARY

DAY 5

DATE TBC

ARENAL

PRIVATELY GUIDED TRIP VOLCANO TREKKING IN THE NATIONAL PARK

Today embark on an adventurous guided hike where you can enjoy beautiful views of the Arenal volcano and the surrounding national park. The tour will take about 5 hours in total and you will be lead by a professional trekking guide.

Walk through different landscapes over farmland, to the shore of the lagoon and on the lava trails. Your guide will also be able to point out a variety of local flora and fauna. You will ascend to a panoramic viewpoint where there are fantastic views of the lake, the volcano and the ancient lava flows that have turned to stone.

A boxed lunch is provided along the trail. You'll be returned to your hotel after the excursion.

 **Meals Included:** Breakfast & Boxed Lunch.

OVERNIGHT

CASA LUNA



An extremely good value hotel and one of the smaller properties in Arenal. Rooms are simple but comfortable and most offer views of the volcano.

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YOUR DETAILED DAY BY DAY ITINERARY

DAY 6

DATE TBC

ARENAL

SLOTH & WILDLIFE TOUR & EXPERIENCE THE ARENAL HANGING BRIDGES

You will be picked up from your hotel for this relaxed and easy going morning tour. The Arenal area is well known for its diverse wildlife and this morning you will go looking for some of the most emblematic species such as the multicoloured toucan, the poisonous blue jeans dart frog and of course the sloths! Accompanied by your knowledgeable guide you will drive to several different locations to look for these iconic animals. You will also encounter countless other birds, iguanas and monkeys. Breakfast and snacks are included in the tour. After the tour you will be returned to your hotel.

TOP TIP: Good shoes, comfortable clothes, sun cream, camera and binoculars are recommended for this tour.

This afternoon visit the Arenal hanging Bridges. This is a unique way to experience the primary rainforest up close from the tops of the trees. A total of 16 bridges, the longest of which is 97 metres, form a nature trail of 3.2km across the forest canopy. Your naturalist guide will teach you about this unique eco system and point out the huge variety of flora and fauna that can be found in the reserve. There are impressive views of the volcano and Arenal lake so don't forget your camera!

TOP TIP: Bring a bottle of water, good shoes (no flip flops or sandals), suncream, insect repellent, a light waterproof or poncho in case of rain and waterproof protection for electronic devices.

 **Meals Included:** Breakfast.

OVERNIGHT

CASA LUNA



An extremely good value hotel and one of the smaller properties in Arenal. Rooms are simple but comfortable and most offer views of the volcano.

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THE HANGING BRIDGES



BIRDLIFE IN THE FOREST



ARENAL VOLCANO



YOUR DETAILED DAY BY DAY ITINERARY

DAY 7

DATE TBC

MONTEVERDE

DRIVE UP INTO THE MONTEVERDE CLOUD FOREST

Check-out and continue your journey into the cloud forest. The roads up here can get quite bumpy! The drive to Monteverde from Arenal takes about 3 - 3.5 hours.

After checking in to your hotel the rest of the afternoon is at leisure to relax or take an optional excursion.

SUGGESTION: There is a private trail on your hotel property that you can explore, or you can brave the steep 3km trail called Cerro Amigos which begins from your hotel. It is a fairly tough climb but if it is a clear day then the views are worth it.

Hotel Belmar is one of the oldest and most well established hotels in Monteverde and it is still owned and run by the same family that started the business in 1985. The style of the hotel is inspired by an Austrian chalet and it is made of wood found in the surrounding area. Recipients of a coveted Five Leaf Award for sustainability and only the second hotel in the country to be named carbon neutral, Belmar has strong environmental values. The hotel runs a farm where they grow their own fresh produce which is used in the restaurant for a gourmet farm to table experience.

 **Meals Included:** Breakfast.

OVERNIGHT

SENDA MONTEVERDE



A contemporary luxury mountain lodge with lush gardens, spacious rooms and suites, and a fantastic location in the heart of the cloud forest.

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 8

DATE TBC

MONTEVERDE

A GUIDED HIKE IN THE CLOUD FOREST RESERVE

This morning you will be picked up by your guide at your hotel who will take you to the Monteverde reserve to start your guided hike. Discover the reserve at your own pace and take one of the many trails. If it is a clear day, your guide could take you to the 'La Ventana' lookout, a viewpoint from where you can see the Continental Divide.

There are numerous other trails through the beautiful moss covered cloud forest leading to hidden waterfalls. The reserve is home to over 500 species of birds including the majestic Resplendent Quetzal. There are also 120 species of amphibians and reptiles and more than 3000 different plants including the highest density of orchids in the world. Return to your hotel by lunch time.

Senda Monteverde is an ambitious project that aims to be the best hotel in Monteverde. Opening its doors in November 2018, this luxury mountain lodge offers just 24 modern mountain bungalows that are dotted around the extensive property. Each independent 'casita' contains one or two rooms, some with views to the pacific ocean and others of the cloud forest.

The property is also only a short walk from the bars and restaurants of Santa Elena. The hotel is next door to a wildlife refuge which you can visit and lots of wildlife can be seen wandering through the grounds. Bird watching is also excellent with hummingbirds and other species regularly seen.

 **Meals Included:** Breakfast.



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OVERNIGHT

SENDA MONTEVERDE



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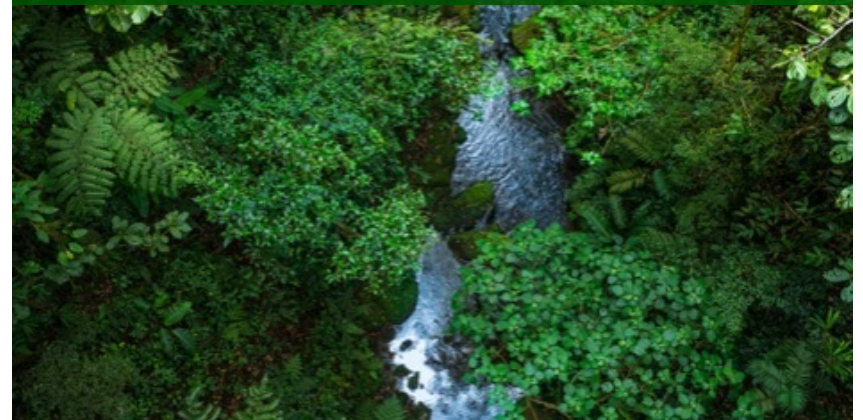
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CROSSING LAKE ARENAL



THE CLOUD FOREST



WILDLIFE



YOUR DETAILED DAY BY DAY ITINERARY

DAY 9

DATE TBC

OSA PENINSULAR

DRIVE TO SAN JOSE AIRPORT & INTERNAL FLIGHT TO GOLFITO

Check out after breakfast this morning and drive back to San Jose (about 3 hours driving direct) to drop off your hire car at the airport terminal. After dropping off the car, make your way to the terminal for your short, light aircraft flight to Golfito in the Osa Peninsular. These small planes fly low to give you a fantastic view of the passing landscapes beneath. Flight duration approximately 50 minutes.

On arrival to Golfito you will be met by representatives of Playa Cativo and taken to the dock to board the boat that will take you to the lodge. The boat trip across the calm waters of the Golfo Dulce takes about 30 minutes and whales and dolphins can sometimes be seen along the way.

On arrival to the lodge you will be shown to your room and the rest of the afternoon is at leisure before dinner is served in the evening.

Playa Cativo is a small luxury eco lodge surrounded by the dense rainforest of the Piedras Blancas national park on the shores of the tranquil Golfo Dulce. Conscious of its pristine natural environment, the lodge maintains strong environmental principles and sustainability practices. The unobtrusive wooden structure was built using reclaimed and salvaged wood from the local area and the on site organic farm provides fresh produce that is served in the gourmet restaurant.

 **Meals Included:** Breakfast & Dinner.

OVERNIGHT

PLAYA CATIVO



Only accessible by a light aircraft flight and then a boat ride across the Golfo Dulce, Playa Cativo is a luxury eco lodge in a truly remarkable location!

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 10

DATE TBC

OSA PENINSULAR

BOAT TRIP & KAYAK ON THE RIO ESQUINAS IN THIS REMOTE WILDERNESS

Playa Cativo has a privileged location near to one of the largest and most pristine river systems in Costa Rica. The rivers here are lined with mangrove forest and lead to picturesque views of the rainforest and remote farms.

This remote area and diverse terrain allows for some of the best birdwatching in the area, especially at sunrise and sunset with a low tide when the mudflats are exposed. This excursion starts as the boat tows your kayak upstream to the mouth of the river from where you will start a peaceful trip whilst floating down the river past amazing rainforest scenery and mangrove forests.

This is off the beaten track Costa Rica at it's best!

 **Meals Included:** Breakfast, Lunch & Dinner.

OVERNIGHT

PLAYA CATIVO



Only accessible by a light aircraft flight and then a boat ride across the Golfo Dulce, Playa Cativo is a luxury eco lodge in a truly remarkable location!

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YOUR DETAILED DAY BY DAY ITINERARY

DAY 11

DATE TBC

OSA PENINSULAR

THE CHALLENGING PIEDRAS BLANCAS HIKE IN THE NATIONAL PARK

Today you will embark on an adventurous hiking trip. This is a slightly more challenging hike, completed in half a day. A professional guide will accompany you as you explore the Piedras Blancas National Park.

Start by going by boat to Golfito (30 minutes) then the rest of the way by road for about 40 minutes. Once you have reached the edge of the park you will take a short horse ride, accompanied by a park ranger, along the El Bonito river until you reach the ranger station.

From here you start the San Josecito trail which visna 6km hike through with some steep slopes that ends at the Golfo Dulce. Return to the lodge by lunch time.

NOTE: This is considered a difficult hike so you should have a good level of fitness. It is not recommended for children under the age of 12.

 **Meals Included:** Breakfast, Lunch & Dinner.

OVERNIGHT

PLAYA CATIVO



Only accessible by a light aircraft flight and then a boat ride across the Golfo Dulce, Playa Cativo is a luxury eco lodge in a truly remarkable location!

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UNSPOILED BEACHES



SEA LIFE



WILDLIFE



YOUR DETAILED DAY BY DAY ITINERARY

DAY 12

DATE TBC

OSA PENINSULAR

A DAY AT LEISURE TO RELAX OR JOIN INCLUDED ACTIVITIES

During your stay at Playa Cativo you have complimentary use of kayaks, stand up paddle boards, self guided nature trails and complimentary snorkelling equipment. You also have included the optional introduction to tropical nature tour. For this excursion one of the excellent resident guides will give introductory talk about the natural history of the tropical rainforest surrounding Playa Cativo lodge. You will also be taken to visit Playa Cativo's own organic farm

There are a variety of other tours available at an additional cost such as bird watching tours, dolphin and whale watching, yoga and massages, and more!

 **Meals Included:** Breakfast, Lunch & Dinner.

OVERNIGHT

PLAYA CATIVO



Only accessible by a light aircraft flight and then a boat ride across the Golfo Dulce, Playa Cativo is a luxury eco lodge in a truly remarkable location!

[CLICK HERE TO LEARN MORE](#)



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YOUR DETAILED DAY BY DAY ITINERARY

DAY 13

DATE TBC

CENTRAL VALLEY

BACK TO SAN JOSE & PRIVATE TRANSFER TO THE CENTRAL VALLEY

After breakfast this morning you will be taken by boat back across the Golfo Dulce and then by road to Golfito airport where you will take a light aircraft flight back to San Jose. Flight duration approximately 50 minutes.

On arrival to San Jose you will be met by your English speaking driver who will take you by private transfer to your hotel which takes about 20 minutes.

The rest of the afternoon and evening is at leisure.

 **Meals Included:** Breakfast.

OVERNIGHT

FINCA ROSA BLANCA



A quirky and unique boutique guesthouse with a touch of luxury and a private, organic coffee plantation on site. One of our favourites!

[CLICK HERE TO LEARN MORE](#)



Photos for guidance only & not necessarily the room booked



YOUR DETAILED DAY BY DAY ITINERARY

DAY 14

DATE TBC

CENTRAL VALLEY

A TOUR OF AN ORGANIC COFFEE PLANTATION & TASTING

Today you will have a guided tour of Finca Rosa Blanca's own organic, shade grown coffee plantation. This fantastic tour, exclusively for guests of the hotel, is the perfect way to learn about all aspects of coffee production from growing to harvesting, drying, roasting and then packing.

Begin by walking through the beautiful plantation which attracts many different species of tropical birds. Your guide will show you how the coffee beans are grown and you will also visit the "Beneficio" where the beans are sorted, dried and processed.

Continue to the roasting and packing house full of the wonderful aromas of fresh coffee! After the tour enjoy tasting the coffee with homemade biscuits.

 **Meals Included:** Breakfast.

OVERNIGHT

FINCA ROSA BLANCA



A quirky and unique boutique guesthouse with a touch of luxury and a private, organic coffee plantation on site. One of our favourites!

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DAY 15

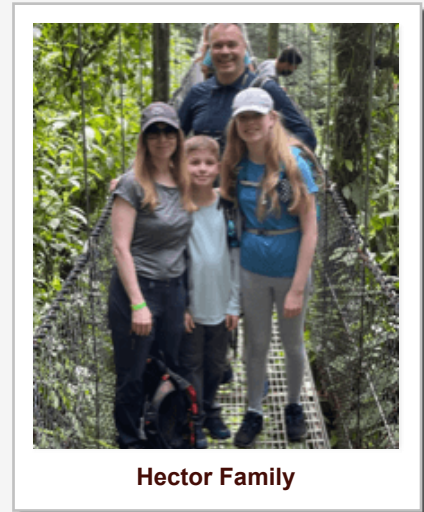
DATE TBC

END OF TOUR

FREE TIME UNTIL A TRANSFER TO THE AIRPORT

Check-out and private transfer from your hotel to the airport for your return international flight.

 **Meals Included:** Breakfast.



Hector Family

"LATC are a fantastic company. Our trip to Costa Rica was exactly as promised, the accommodation was excellent, the guides were all knowledgeable and everything happened seamlessly, would definitely recommend!"

[VIEW MORE FEEDBACK](#)



- **Guide price* per person based on 2 people travelling: UK £ 7,770 / US\$ 10,110**

** Prices vary by date, availability, exchange rates and the number of people in your party. Please contact us for a firm quote.*

A full list of what is included in this price can be seen on the following pages.

- **Booking and payment terms:**

Once we receive completed booking forms we will book and confirm services for you and send an invoice for the deposit payment of 20% per person (plus any international flights we are booking) with full payment due 60 days before departure. All payments to us are protected under our ATOL or ABTA licenses and we accept payment by Credit Card, Debit Card (no fee) or bank transfer. [Click here to read our Booking Terms & Conditions.](#)

- **Our pricing policy:**

We believe that the the pricing for this tour offers excellent value for the services and standards we operate and we frequently check our pricing against that of other operators. If you feel you have a similar quote that is of a lower price we are happy to reconsider our pricing for you if you can forward the other quote so we can fairly compare. We would add that in our experience we usually find some differences that, although they may appear subtle, make both a significant difference to the price and, more importantly, the quality of the trip experience.



INCLUSIONS & EXCLUSIONS FOR THIS ITINERARY

Here you will find the inclusions and exclusions for this itinerary. We guarantee you will receive the services below although on very rare occasions one service may need to be replaced with another similar one as there are a lot of complex logistical elements to a trip like this.

■ INTERNATIONAL PLANE TICKETS: International Flight Luggage Policy - Please see your ticket for details

✈ International flight tickets are NOT included in this itinerary. We CAN arrange these for you.

■ DOMESTIC PLANE TICKETS:

- ✈ San Jose to Golfito, Osa Peninsula - by light aircraft
- ✈ Golfito, Osa Peninsula to San Jose - by light aircraft

Domestic Luggage Policy:

- Passengers are permitted one check-in hold piece with maximum weight of 40 lb / 18 kg and up to 45 linear inches / 114 cm (length + height + width).
- Passengers are permitted one carry-on piece with a maximum weight of 10 lb / 4.5 Kg and up to 20 linear inches / 50 cm (total of the length + height + width).

Operational and other considerations:

The operation of any flight is subject to weather conditions or operational considerations of the local airline; for these reasons, flights can be delayed, changed or canceled without previous notification and neither the airline nor The Latin America Travel Company are responsible for any extra cost in case of necessary adjustments of the itinerary.

■ CAR HIRE:

✓ Day 2 to Day 9 - Hyundai Tucson 4X4 or similar.

Note: Car rental does not include fuel expenses but does include a second driver and GPS. A hold (USD \$1,000 approximately) will be placed on the client's credit card for a security deposit. No debit cards or cash are accepted for the deposit.



INCLUSIONS & EXCLUSIONS FOR THIS ITINERARY

Car Rental Requirements:

- Passport.
- Valid driver's license. A foreign driver's license is valid in Costa Rica for 90 days.
- Major credit card for the deposit. No debit cards or cash are accepted.
- Minimum age for rental is 23 years old.

■ ACCOMMODATION: Tried and tested by us or our local representatives

- ✓ 1 night San Jose - Grano De Oro Hotel 5* (Superior room with breakfast)
- ✓ 2 nights Sarapiquí - Selva Verde Lodge 3* (Sarapiquí room with meals as listed in the itinerary)
- ✓ 3 nights Arenal - Casa Luna 3* (Superior room with breakfast)
- ✓ 2 nights Monteverde - Senda Monteverde 4* (Junior Suite room with breakfast)
- ✓ 4 nights Osa Peninsular - Playa Cativo 5* (Deluxe room with meals as listed in the itinerary)
- ✓ 2 nights Central Valley - Finca Rosa Blanca Hotel 4* (Junior Suite room with breakfast)

■ TRANSFERS: By car or minibus except where stated - Transfer departure times will be given prior to the trip start

- ✓ Private transfer San Jose Airport to San Jose (17km - 30 mins approximately)
- ✓ Self-Drive - San Jose to Sarapiquí (92km - 1 hour 40 mins approximately)
- ✓ Self-Drive - Sarapiquí to Arenal (70km - 1 hour 10 mins approximately)
- ✓ Self-Drive - Arenal to Monteverde (115km - 3 hours approximately)
- ✓ Self-Drive - Monteverde to San Jose Airport (135km - 2 hours 30 mins approximately)
- ✓ Shared transfer Golfito Airport to Osa Peninsular (boat) (30 mins approximately)
- ✓ Shared transfer Osa Peninsular to Golfito Airport (boat) (30 mins approximately)
- ✓ Private transfer San Jose Airport to Central Valley (10km - 20 mins approximately)
- ✓ Private transfer Central Valley to San Jose Airport (10km - 20 mins approximately)



INCLUSIONS & EXCLUSIONS FOR THIS ITINERARY

■ TOURS: All our tours include entrance fees and use professional guides

- ✓ Sarapiquí - Guided nature walk among the oldest trees in Central America (half day small group tour)
- ✓ Arenal - Guided trip volcano trekking in the National Park (half day small group tour)
- ✓ Arenal - Sloth & wildlife tour (half day small group tour)
- ✓ Arenal - Arenal Hanging Bridges Park Natural History Walk tour (half day small group tour)
- ✓ Monteverde - Guided hike in the Monteverde cloud forest reserve (half day small group tour)
- ✓ Osa Peninsular - Boat trip & kayak on the Rio Esquinas (half day small group tour)
- ✓ Osa Peninsular - Challenging Piedras Blancas half day hike in the national park (half day small group tour)
- ✓ Central Valley - Organic coffee tour (half day small group tour)

■ OTHER INCLUSIONS: Also included in this trip

- ✓ Meals - As indicated in the itinerary.
- ✓ All national park entrance fees.
- ✓ All other entrance fees for attractions visited in the itinerary.
- ✓ Support - Emergency numbers and contacts for each destination.
- ✓ Guidebook - Our exclusive Trip Guidebook.
- ✓ Financial Peace of Mind - All monies paid to us are legally protected under UK law.
- ✓ Support from your dedicated Latin America specialist.

■ NOT INCLUDED IN THIS TOUR

- ✗ International Airfare to / from the start / finish of your trip - we can book these flights on request.
- ✗ Travel Insurance to cover any medical treatment etc. Please visit [Citybond Suretravel](#) for 10% off (UK residents only).
- ✗ Discretionary gratuities to drivers and guides.

■ END



WHAT OUR CLIENTS SAY - SEE OUR WEBSITE FOR MORE



"I would like to say a big thanks to the team for making this trip such a pleasurable one for me and recommend without hesitation any friends, family or colleagues to use this company."

John Vlacos



"I would highly recommend using this company. We had a fabulous trip to Costa Rica. Extremely well organised and with just the right amount of advice and suggestions. Can't wait to plan our next trip with them."

S. Trisk & Family



"Great Value, Efficient, and Effective. The Latin America Travel Company worked with me to plan precisely the experience I wanted, at the time I wanted, and at a very competitive price."

David Blanchard & Family



"This trip outstripped my expectations by a long way. Costa Rica was such an amazing place with so much to do. The hotel choice was amazing and we felt so well looked after from start to finish."

Mrs Harrison



"Our trip was made so easy by your fantastic and professional organisation. The flight connections were flawless and all the guides and drivers friendly, helpful and informative. We thought your guidebook was a great bonus."

Mr & Mrs Owen



"LATC organized a wonderful trip for us. We wanted a nature tour with walking and wildlife and were rewarded in spades. The satisfaction of finding smaller creatures and the sheer variety was fantastic."

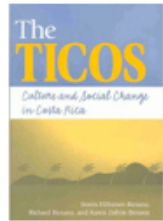
Mr & Mrs Hardy

[CLICK HERE TO VIEW MORE FEEDBACK ON OUR WEBSITE](#)



THELATINAMERICATRAVELCOMPANY.COM | Email: info@thelatinamericatraveltravelcompany.com
UK ☎: +44 (0) 20 8191 7772 | Part of HeadsEast Ltd - UK business registration: 6717612





THE TICOS: CULTURE AND SOCIAL CHANGE IN COSTA RICA

MAVIS, KAREN & RICHARD BIESANZ

A thorough look at the history, politics, economic development, society and culture of Costa Rica. Fairly formal in style but very informative and a fantastic introduction to Costa Rica.



THE COSTA RICA READER

IVAN MOLINA, STEVEN PALMER

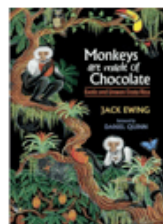
A wide selection of collected newspaper accounts, histories, petitions, memoirs, poems and essays by Costa Rican writers translated into English. Great to get a flavour of Costa Rican society. A good one to dip in and out of.



COSTA RICA: A TRAVELER'S LITERARY COMPANION

BARBARA RAS (EDITOR)

A collection of short stories by Costa Rican authors translated into English. Usefully organised into different regions, this thoughtful collection really brings the country to life!



MONKEYS ARE MADE OF CHOCOLATE: EXOTIC AND UNSEEN COSTA RICA

JACK EWING

A collection of Jack Ewing's stories and essays on nature, environmentalism, wildlife and conservation. Praised highly for his writing and story-telling, this is an easily accessible and fascinating read.



NATIONAL PARKS OF COSTA RICA

GREGORY BASCO (PHOTOGRAPHER) ROBIN KAZMIER (AUTHOR)

This recent photo book published in 2015 contains the stunning photography of Gregory Basco and informative text by Robin Jazmier. Very well presented - a good coffee table book.



THE BIRDS OF COSTA RICA

RICHARD GARRIGUES & ROBERT DEAN

This recently published field guide (2014) is getting rave reviews in the birding community. It covers all 903 species with identifying pictures and accompanying text. An essential companion for fans of Costa Rica's exotic bird life.



TROPICAL NATURE

ADRIAN FORSYTH, KEN MIYATA

17 lively essays on tropical biology and first hand experiences by two field biologists who spent some time in the rainforests of Costa Rica. Essential reading for science buffs!



JURASSIC PARK & THE LOST WORLD

MICHAEL CRICHTON

For a more unusual suggestion try the internationally famous Jurassic Park. Whilst the blockbuster was filmed in Hawaii, Crichton based his original novel on Costa Rica and the powerful imagery is very true to life.



ESSENTIAL INFORMATION, TIPS & FREQUENTLY ASKED QUESTIONS

HOW FAR IN ADVANCE DO I NEED TO BOOK?

A trip to Latin America can be quite a complex one with definite peak seasons when tickets and good hotel rooms can become scarce so we recommend booking as far in advance as possible with bookings a year in advance common.

CAN YOU OBTAIN VISAS FOR US?

Most countries do not need a visa for our clients but if you do we can advise and recommend a visa agent.

IS IT SAFE TO BOOK WITH YOU?

In a word, Yes! We members of ABTA and ATOL Bonded so any payments made to us are fully protected in the unlikely event of our financial failure. Our ABTA membership number is [Y1699](#) and our ATOL license number is [10287](#).

IS LATIN AMERICAN TRAVEL SAFE?

We believe so and in recent years we hear of very few problems and there is no reason why you should not feel as safe travelling in all the areas we operate tours. This applies to men or women traveling alone and exercising reasonable common sense.

WHAT HAPPENS ONCE WE MAKE A BOOKING?

On taking a booking we will confirm as many of the services as can be at that point and then ask you for a non-refundable deposit of 20% per person plus any international flights we are booking with the final balance payment due 60 days before your trip start date with us. 1 month before your trip with us starts we will send you our exclusive Trip Guidebook tailored to your specific trip with us.

CAN YOU BOOK INTERNATIONAL FLIGHTS ?

Yes, as we hold an ATOL license (number 10287) we are permitted by the Civil Aviation Authority in the UK to book flights on behalf of our clients. We are a British Airways preferred operator but also book with other airlines to get the best deals and routes for our clients.

WHY SHOULD WE BOOK A TRIP WITH YOU

We took our first Latin America trip in the 1990s and between us have taken many trips since. We have been to all destinations we offer, often many times, and are passionate about sharing our knowledge and providing you with the best possible travel experience of these destinations which we love to visit ourselves. Add to this the back up we offer from financial protection of your payments to us to the 24 hour emergency numbers we give you before your trip and we think we are the full package for quality, service and reliability.

DO YOU CATER FOR ALL DIETS?

As long as we are informed at the time of making your booking we can cater for almost all dietary requirements.

CAN YOU TAILOR THIS ITINERARY?

Yes! Just let your travel consultant know what changes you would like and we will revise the itinerary for you.

IS THERE ANYTHING ELSE I SHOULD BE ASKING?

Almost certainly! We fully expect you will have many more questions and we are here to answer them so please do not hesitate to [contact us](#) - that is what we are here for!

